

5 in The Morning

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Dustin Betts (USA) - June 2016
音樂: Drunk In the Morning - Lukas Graham : (Album: Lukas Graham - 3:23)



**** Placed 2nd in Phrased category at Fun In The Sun. ****

Intro – 32 counts from start

[1 – 8] □ R CROSS, L ROCK & CROSS & CROSS, ¼ R STEPPING R FWD, ½ R STEPPING BACK L SWEEPING R FRONT TO BACK, BEHIND SIDE CROSS, L ROCK, RECOVER R. □

1 2 & Cross R over L (1), Rock L to L (2), Recover R (&) □-12.00
3 & 4 Cross L over R (3), Step R to R (&), Cross L over R (4) □-12.00
& 5 Make ¼ turn right stepping R fwd (&), Make ½ turn right stepping back on L sweeping R from front to back (5) □-9.00
6 7 & Cross R behind L (6), Step L to L side (7), Cross R over L (&) □-9.00
8 & L side rock (8), Recover R (&) □-9.00

[9 – 16] □ CROSS L OVER R, ¼ L STEPPING BACK R, ¼ SAILOR L, FWD R MAMBO, POINT L TOE BACK, BODY ROLL L TAKING WEIGHT, ¼ PIVOT L TOUCHING R TO L. □

1 2 Cross L over R (1), ¼ turn left stepping back on R (2) □-6.00
3 & 4 Step L behind R (3), make ¼ turn left stepping R to R (&), Step L fwd (4), □-3.00
5 & 6 Step fwd on R (5), Recover L (&), Step back on R (6) □-3.00
7 & Point left toe back (7), Body roll taking weight onto L (&) □-3.00
8 Pivot ¼ to left, touching R to L (8) □-12.00

[17 – 24] □ ¼ TURN R STEPPING FWD R, ¼ TURN R STEPPING L TO L, BEHIND SIDE CROSS, L ROCK AND CROSS, ¼ TURN L BACK SHUFFLE. □

1 2 Make a ¼ turn right stepping R fwd (1), Make ¼ turn right stepping L to L side (2), □-6.00
3 & 4 Step R behind L (3), Step L to L side (&), Cross R over L (4), □-6.00
5 & Rock L to L side (5), Recover R (&) □-6.00
6 7 Cross L over R (6), Make ¼ turn left stepping R back (7) □-3.00
& 8 Cross L over R (&), Step back on R (8), □-3.00

[25 – 32] □ ¼ TURN L SIDE SHUFFLE, R CROSS SHUFFLE, ¼ TURN, L CROSS OVER R, STEP BACK R., L COASTER □

1 & 2 Make ¼ turn left stepping L to L (1), Step R next to L (&), Step L to left side (2) □-12.00
3 & 4 Cross R over L (3), Step L to L side (&), Cross R over L (4) □-12.00
5 6 Cross L over R making 1/8 turn L (5), Step R back making 1/8 turn L (6) □-9.00
7 & 8 Step back L (7), Step R next to L (&), Step forward L (8) □-9.00

TAG: □ Do Tag after wall 3 facing 3.00. 4th wall starts after tag facing 9.00 □

1,2 Cross R over L (1), Step L to L side (&), Step R to R (2),
3,4 Cross L over R (&), Rock R to R side (3), Recover L (&), Cross R over L (4),
5,6 ½ turn left unwind L taking weight (5-6),
7,8 Step R back (7), Step L next to R (8) □-9.00

ENDING: □ The 11th wall is facing 3.00. You will redo tag through count 6, but instead of doing half unwind. You unwind to 12.00. □

Restart is on 9th wall facing 3.00. Do first 7 counts and for count 8 after stepping L to L, drag R foot in. Do not take weight. Then Restart facing 6.00.

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