

# Pure and Simple

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jan Brookfield (UK) - August 2016  
音樂: Pure and Simple - Dolly Parton



Alt. Music : Don Williams - Tulsa Time - 113 bpm

(Start after 12 secs on the word "time")

## Section 1 : SIDE, CLOSE, FORWARD SHUFFLE, SIDE, CLOSE, BACK SHUFFLE

1,2            Step L to left side, close R to L  
3&4            Shuffle forward on L,R,L  
5,6            Step R to right side, close L to R  
7&8            Shuffle back on R,L,R

## Section 2 : BACK ROCK, RECOVER, FORWARD SHUFFLE, FORWARD ROCK, HALF TURN SHUFFLE

9,10            Rock back on L, recover onto R  
11&12            Shuffle forward on L,R,L  
13,14            Rock forward on R, recover onto L  
15&16            Making a half turn over right shoulder shuffle forward on R,L,R (6 o'clock)

## Section 3 : (CROSS, SIDE, SAILOR STEP) x 2

17,18            Step L across in front of R, step R to right side  
19&20            Step L behind R, rock R to right side, recover weight onto L  
21,22            Step R across in front of L, step L to left side  
23&24            Step R behind L, rock L to left side, recover weight onto R

## Section 4 : CROSS ROCK, RECOVER, & CROSS ROCK, RECOVER, ¼ TURN SHUFFLE, STEP, ½ PIVOT TURN

25,26            Rock L across in front of R, recover onto R  
&27,28            Step quickly onto L to left side, rock R across in front of L, recover onto L  
29&30            Making a quarter turn to right shuffle forward on R,L,R (9 o'clock)  
31,32            Step L forward, pivot half turn over right shoulder, weight now on R (3 o'clock)

**KEEP IT GOING!**

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