The Song Is Flying



拍數: 32 牆數: 4 級數: Beginner

編舞者: Flat Guo (CN) & Yanzi Zhang (CN) - August 2016

音樂: The Song is Flying by SuleyaQiqige



Intro: 16 counts - No Tags and No Restarts!

(1-8) Spiral turn R,R Mambo cross, L Mambo cross, R coaster step

1-2 1/4 turn R stepping R forward(3:00), 1/2 turn R stepping L beside L(9:00)

3&4 Rock R to R, Recover on L, Cross R over L
5&6 Rock L to L, Recover on R, Cross L over R
7&8 Step R back, Step L together, Step R forward

(9-16)1/4 turn R cross L chasse,1/2 turn L cross R chasse, Full paddle turn to L

1&2
1/4 turn L crossing L over R, Step R to R, Cross L over R(6:00)
3&4
1/2 turn R crossing R over L, Step L to L, Cross R over L(12:00)

5&6& 1/2 turn L stepping L forward, Step R next to L, 1/2 turn L stepping L forward, Step R next to

L

7&8 1/4 turn L stepping L forward, Step R next to L, Step R in place(9:00)

(17-24)R Basic Step, L basic step, 1/2 turn R and R Samba step, L Samba step

1-2& Large step R to R, Step L behind over R, Recover on R3-4& Large step L to L, Step R behind over L, Recover on L

5&6 1/2 turn R stepping cross over L, Step L to L, Step R in place(3:00)

7&8 Step L over R, Step R to R, Step L in place

(26-32)Vine step, Weave step, Syncopated Cross L over R

1&2& Cross R over L, Step L to L, Cross R behind over L, Step L to L

3&4 Cross R over L, Step L to L, Cross R behind over L

5&6& Cross L over R, Step R to R, Cross L over R, Step R to R7&8 Cross L over R, Sway hip to L, R(shimmy shoulders)

Have fun!

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