

Good To Be Alive

COPPERKNOB
STEPSHEETS

拍數: 72 牆數: 4 級數: Phrased Intermediate
編舞者: Danielle Schill (USA) - August 2016
音樂: Good To Be Alive (Hallelujah) - Andy Grammer



Pattern: AB AAA(1/2A) BAA BAA --- ACW rotation.
Do 'A' during fast part of song and 'B' during slow parts

PART A: 32 counts

RIGHT LOCK RIGHT, LEFT LOCK LEFT, CROSS, BACK, STEP, OVER, SIDE, BEHIND

1&2 Step R to R front corner, slide L foot behind R, step R to R front corner
3&4 Step L to L front corner, slide R foot behind L, step L to L front corner
5&6 Cross/step R over L, step back on L, step R to R side
7&8 Cross/step L over R, step R to R, step L behind R

ROCK RIGHT, BEHIND & CROSS, ROCK LEFT, BEHIND & CROSS W/ ¼ TURN LEFT

9-10 Step R to R side, rocking weight onto R and back onto L
11&12 Step R behind L, step L to L side, cross/step R over L
13-14 Step L to L side, rocking weight onto L and back onto R
15&16 Step L behind R, step R to R side, turn ¼ turn L, step L forward (3:00)

Start B here on 6th wall

WALK R, L, ½ TURN SHUFFLE, WALK L, R, ¼ TURN SHUFFLE

17-18 Walk forward R L
19&20 Shuffle forward R (step R forward, slide L next to R, step R forward) while turning ½ turn to L (making an arc) (9:00)
21-22 Walk forward L R
23&24 Shuffle forward L (step L forward, slide R next to L, step L forward) while turning ½ turn to L (6:00)

STEP OUT, OUT, STEP BACK, TURN ¼ TURN R, KNEE POP, SWIVEL HEELS IN (TOE, HEEL, TOE), THEN OUT (TOE, HEEL), HITCH R KNEE

25-26 Step R to R side, step L out to L side
27&28 Step back on R, turning ¼ turn R, lift both heels pushing knees forward, drop heels (9:00)
29&30 Turn both toes in, turn both heels in, turn both toes in (should touch)
31&32 Turn both toes out, turn both heels out, shifting weight onto L, hitch R

PART B (slow parts of song): 40 counts

STEP TO R FRONT CORNER, TAP L, STEP LEFT FRONT CORNER, TAP R, R JAZZ BOX, CROSSING L OVER R

1-2 Step to R front corner, tap L next to R
3-4 Step L to L front corner, tap R next to L
5-8 Cross R over L, step L back, step R to side, cross/step L over R

VINE RIGHT W/ CROSS, MONTERAY TURN

9-12 Step R to R side, step L behind R, step R to R side, cross L over R
13-14 Tap R toe to R side, step down next to L while turning ½ turn R
15-16 Tap L to L side, step down next to R

REPEAT 1-16 OF PART B ABOVE

17-18 Step to R front corner, tap L next to R
19-20 Step L to L front corner, tap R next to L
21-24 Cross R over L, step L back, step R to side, cross/step L over R

25-28 Step R to R side, step L behind R, step R to R side, cross L over R
29-30 Tap R toe to R side, step down next to L while turning ½ turn R
31-32 Tap L to L side, step down next to R

STEP TO R FRONT CORNER, TAP L, STEP LEFT FRONT CORNER, TAP R, CROSS, BACK, STEP, OVER, SIDE, BEHIND (MOVE FROM COUNT 5-8 OF PART 8)

33-34 Step to R front corner, tap L next to R
35-36 Step L to L front corner, tap R next to L
37&38 Cross/step R over L, step back on L, step R to R side
39&40 Cross/step L over R, step R to R, step L behind R

REPEAT FOLLOWING PATTERN

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