Russian Roulette

拍數: 32

級數: Improver

編舞者: Simon Ward (AUS) & Kate Simpkin (AUS) - August 2016

音樂: Trust You - Rob Thomas : (Album: Trust You - Single - iTunes - 3:07)

Notes: Restart on Wall 9 after count 20. Start dance on vocals (16 count intro)	
[1-8]□Jazz box 1-2 3-4 5-6 7&8	traveling slightly back x 2, Cross/step R chasse Cross/step right over left, Step left slightly back on left diagonal Step right slightly back on right diagonal, Cross/step left over right Step right slightly back on right diagonal, Step left back slightly on left diagonal Cross/step right over left, Step left slightly to left side, Cross/step right over left 12.00
[9-16]□Rock L, 1-2 3-4 5-6 7&8	Recover, Cross/step L, ¼ L, ¼ L, Touch R beside L, R kick ball cross Rock/step left to left side, Recover weight onto right Cross/step left over right, Step right to right side turning ¼ turn left 9.00 Turn a further ¼ turn left & step left slightly to left side 6.00, Touch right beside left Kick right foot forward, Step right beside left, Cross/step left over right slightly 6.00
&1-2 &3-4 (Optional Styling 5-6	 p R, Touch L, Hold, Hop/step L, Touch R, Hold, Rock R, Recover L, R sailor step Hop/step right to right diagonal, Touch left beside right, Hold Hop/step left to left diagonal, Touch right beside left, Hold **RESTART WALL 9** g: Little bounces on the holds and snap fingers) Rock/step right to right side & slightly back, Recover weight onto left (travel slightly back)
7&8 [25-32]□L sailo 1&2 3&4	Step right behind left, Step left slightly to left side, Recover weight on right (sailor step) 6.00 r step ¼ turn L, R shuffle fwd, ½ turn R shuffle L back, ½ turn R stepping R fwd, Jump fwd Step left behind right, step right slightly to right, Step onto left turning ¼ turn left 3.00 Step right forward, step left beside right, Step right forward
&5&6	Make a ½ turn right on right, Step left slightly back, Step right beside left, Step left slightly back 9.00
&7-8 (Optional: Take	Make a ½ turn right on left, Step right forward, Slight jump feet together & slightly forward 3.00 ½ turns out of shuffles and replace jump with step left together)
RESTART	
 Restart: On Wall 9 after count 20 you will restart dance after a break in the music. (Facing back wall) Substitute counts 17-20 with: &17-20 Step right slightly to right, Step left slightly to left, Hold, Hold, Hold (hands go out to the sides, palms facing down, bounce heels on holds as an option) 	

Ending: Finish dance on count 32 at 3.00, Point left index finger to front wall looking to front.

Styling Note: Dance has an East Coast Swing feel. Allow your body to sway in the direction of your triple steps, which should be nice and tight & up on your toes, also make the full count steps slightly bigger. Enjoy

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牆數:4