

Dis Girl

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Jean-Pierre Madge (CH) - August 2016
音樂: This Girl - Kungs vs Cookin' on 3 Burners



Sweep R ¼ L, Cross, Step back, Chassé R, Touch and Touch and Touch.

1-2 ¼ L Step L forward Sweep R over L (1), Cross R over L (2),
3-4& Step L back (3), ¼ R Step R to R (4), Step L next R (&),
5-6& Step R to R (5), Touch L next R (6), Step L to L side (&),
7&8 Touch R next L (7), Step R to R (&), Touch L next R (8).

(Restart here, Walls 3 and 4)

Walk Walk, Rock recover, ¼ R and Hold, Hips bump.

1-2 Walk L (1), Walk R (2),
3&4 Rock L forward (3), Recover on R (&), Step L back (4),
5-6& ¼ R step R to R (5), Bump hips R (6), Bump hips L (&),
7&8 Bump hips R (7), Bump hips L (&), Bump hips R (8).

Jazzbox ¼ L, Step, Kick and Touch and Touch.

1-2 Cross L over R (1), Step R back (2)
3-4 ¼ L Step L forward (3), Step R forward(4),
5-6& Step L forward (5), Kick R forward (6), Step R next L (&),
7&8 Touch L to L (7), Step L next R (&), Touch R to R (8).

(Restart here, Wall 9: Step R next L on & to start the dance)

Step back Touch x2, Cross, Side, Cross Chassé ¼ L.

1-2 Step R back (1), Touch L to L (2)
3-4 Step L back (3), Touch R to R (4),
5-6 Cross R behind L (5), Step L to L (6)
7&8 Cross R over L (7), ¼ L Step L forward (&), Step R forward (8).

START DANCE AGAIN AND HAVE FUN!
