Something Good

拍數: 48

級數: Easy Intermediate

編舞者: Jan Wyllie (AUS) - September 2016

音樂: I'm Into Something Good - The Bird and the Bee : (soundtrack from Valentine's Day)

#16 count intro,

Rock Fwd Recover, Shuffle Back - 1/4 Side Stomp/Clap - Side Stomp/Clap

- 1,2,3&4 Rock/step fwd on R, Recover back on L, Shuffle back R,L,R
- 5,6 Making 1/4 left step L to left, Stomp R beside L and clap
- 7,8 Step R to right, Stomp L beside R and clap (keep wt on R)

Rock Fwd Recover, Shuffle Back - 1/4 Side Stomp/Clap - Side Stomp/Clap

- 9,10,11&12 Rock/step fwd on L, Recover back on L, Shuffle back L,R,L
- 13,14 Making 1/4 right step R to right, Stomp L beside R and clap
- 15,16 Step L to left, Stomp R beside L and clap (keep wt on L)

Side Shuffle - Side Rock Recover - Side Behind - 1/4 Fwd Scuff

17&18,19,20 Side shuffle right stepping R,L,R Rock/step L behind R, Recover fwd on R

21,22,23,24 Step L to left, Step R behind L, Making 1/4 left step fwd on L, Scuff R fwd

Cross Toe Strut - Toe Strut Back - 1/4 Side Rock Recover& - Side Rock Recover

25,26,27,28	Step R toe across L, Drop R foot, Step back on L toe, Drop L foot
29,30&	Making 1/4 right rock/step R to right, Recover sideways onto L, Step R beside L
31,32	Rock/step L to left, Recover sideways onto R

Cross Toe Strut - Toe Strut Back - Side Rock Recover& - Side Rock Recover

33,34 ,35,36 Step L toe across R, Drop L foot, Step R toe back, Drop R foot

37,38& Rock/step L to left, Recover sideways onto R, Step L beside R

(Restart here on wall 3)

39,40 Rock/step R to right, Recover sideways onto L

Across Point - Across Point - Step Fwd RL - Pivot 1/2 Step Fwd

41,42,43,44	Step R across L, Point L to left, Step L across R, Point R to right
45,46,47	Step fwd on R, Step fwd on L and pivot 1/2 right transferring wt to R
48	Step fwd on L

*There is a Restart on wall 3 after count 38

I'm always into something good.....so it was easy to write to this song.

It was written especially for my Dunedin NZ workshop, which a wind down event for the Masters Games Line Dancing in this area....all good things must come to an end they say....

However, Line dancing is still alive and well in Dunedin and I feel privileged to have been chosen to do the final workshop. Yeeeeha!

Hope you all enjoy this easyish little dance to the song by The Bird and The Bee, which was the sound track from the movie Valentines Day. Hermans Hermits sang the original song, as I am sure you remember.

See you on the floor sometime Jan

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牆數: 2