

Shake a Tail Feather

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Ira Weisburd (USA) - September 2016
音樂: Shake a Tail Feather - Ms. Jody



Intro: 48 count instrumental. NO TAGS !!! NO RESTARTS !!!

PART I. (R HIP BUMP TWICE, HOLD; L HIP BUMP, HOLD)

1-2 Step R forward and Bump with R Hip, Step back on L
3-4 Bump with R Hip, Hold
5-6 Step L forward and Bump with L Hip, Step back on R
7-8 Bump with L Hip, Hold

PART II. (ROCKING CHAIR, TWIST R,L,R, HOLD)

1-2 Step R forward, Recover back onto L
3-4 Step R back, Recover forward onto L
5-6 Step R to R (feet slightly apart) and Twist both Heels to R, Twist both Heels to L
7-8 Twist both heels to R, Hold

PART III. (BACK, RECOVER, 1/4 R, HOLD; BACK, RECOVER, 1/4 R, HOLD)

1-2 Step L back, Recover forward onto R
3-4 Step L forward making 1/4 Turn R (3:00)
5-6 Step R back, Recover forward onto L
7-8 Step R across L making 1/4 Turn R (6:00)

PART IV. (SIDE, RECOVER, CROSS, SWEEP R; JAZZ BOX WITH CROSS)

1-2 Step L to L, Step R to R
3-4 Step L across R, Sweep R from back to front
5-6 Step R across L, Step L back
7-8 Step R to R, Step L across R

PART V. (R NIGHTCLUB; SIDE, TOGETHER, FORWARD, HOLD)

1-2 Step R to R, Hold
3-4 Step L back, Recover forward onto R
5-6 Step L to L, Step-close R beside L
7-8 Step L forward, Hold

PART VI. (SIDE, TOGETHER, 1/8 L, HOLD; 1/8 L, TOGETHER, FORWARD, HOLD)

1-2 Step R to R, Step-close L beside R
3-4 Step R back making 1/8 Turn L (4:30), Hold
5-6 Step L to L making 1/8 Turn L (3:00), Step-close R beside L
7-8 Step L forward, Hold

BEGIN DANCE.

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