Hold Me Close



拍數: 32 牆數: 4 級數: Improver

編舞者: Cheryl Carter (UK) - September 2016

音樂: Hold Me Close - David Essex: (Album: Best Of David Essex)



Music Available on iTunes, 16 sec intro

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Section 1:	SWAV X 7 (with crossed	arms). (Jnasse (Jross.	васк. Т	/4 Shuπle

1-2 Sway right, sway left

3&4 Step right to right side, close left next to right, step right to right side

5-6 Cross left over right, step back on right

7&8 Turn 1/4 left stepping forward left, close right next to left, step forward left (optional arm movements for counts 1-4, cross arms over your chest to suggest a hug or hold)

Section 2: Step, Touch x 2, Step, Rock, Shuffle 1/2 Turn

1-2	Step forward right, touch left toes forward
3-4	Touch left toes back, step forward left
5-6	Rock forward on right, recover on left

7&8 Turning back shuffle 1/2 turn right, stepping right, left, right

Section 3: Left Lock Step, Right Lock Step, Cross Rock/Recover, Ball, Cross, Side

Step left foot forward to left diagonal, cross step right behind left, step left to left side

Step right foot forward to right diagonal, cross step left behind right, step right to right side

5-6 Cross rock left over right, recover weight onto right

&7-8 Step left to left side, cross right over left, step left to left side

Section 4: Back Rock/Recover, Kick Ball Cross, Side, Hold, Ball, Side, Close

1-2 Rock back right, recover left

3&4 Kick right forward to right diagonal, step right to right side, cross left over right

5-6 Step right to right side, hold

&7-8 Close left next to right, step right to right side, close left next to right side

Restarts: Wall 3 - after count 8 in section 1 (3 O'Clock)

Wall 9 - after count 24 in section 3 (9 O'Clock)

Tag: Wall 13 - Dance up to and including count 7&8 in Section 2 (the music quietens during Section 2 but keep dancing)

Step forward left on the word 'Me', pause, and restart the dance on the word "Go" (9 O'Clock)

I hope you enjoy dancing it xx

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