

Forever Country

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Phrased High Improver
編舞者: Adrian Churm (UK) - September 2016
音樂: Forever Country - Artists of Then, Now & Forever



#16 count intro - Sequence A, A, A, A, A, (Restart) A, A, Bridge, B, B, B (optional ending)
Style, 32 counts Two Step & 32 counts NC2S

Part A (4 wall 32 counts).

Sec A1: □ Walk forward, forward mambo, walk back, coaster step.

- 1 – 2 Walk forward right, left.
- 3&4 Rock right foot forward, recover back onto left, small step back with right.
- 5 – 6 Walk back left, right.
- 7&8 Step left foot back, close right next to left, step left foot forward.

Sec A2: □ Diagonal lock step x 2, rock, recover, coaster cross

- 1&2 Lock step forward right, left, right to the right diagonal.
- 3&4 Lock step forward left, right, left to the left diagonal.
- 5 – 6 Rock right foot forward, recover back onto left.
- 7&8 Step right foot back, close left next to right, step right foot across left.

Sec A3: □ Side rock, recover, ¼ turn left coaster step, Pivot ½ turn left, ½ turn shuffle left.

- 1 – 2 Rock left foot out to the right side, recover onto right (preparing to turn left).
- 3&4 ¼ turn left sweeping left foot around and back, close right next to left, step left foot forward.
- 5 – 6 Step right foot forward, make a ½ pivot turn left (weight ends on left).
- 7&8 ½ turn shuffle around to the left stepping right, left, right. (moves slightly back).

Sec A4: □ Rock back , recover, shuffle forward, heel switches, kick, heel jack.

- 1 – 2 Rock left foot back, recover forward onto right
- 3&4 Shuffle forward left, right, left.

(Restart here on wall 5 facing 9 o'clock)

- 5&6& Touch right heel forward, close right to left, touch left heel forward, close left to right.
- 7&8& Low kick forward with right, small step back right, touch left heel forward, close left to right.

Dance part A seven times.

Bridge

Linking into part (B) of Dance after completing 7th wall of part (A). Begin facing 3 o'clock

- 1 – 2 Step right foot forward, ¼ turn left (weight ends on left foot to the side)
- 3& Rock right foot behind left, recover forward on left. □ (end facing 12 o'clock)

Part B (1 wall 32 counts)

Sec B1: □ Night club basic x2, behind, side, cross rock, recover, side

- 1 Step right foot to the side.
- 2&3 Rock left behind right, recover forward onto right, step left to the side.
- 4&5 Rock right behind left. recover forward onto left, step right to the side.
- 6&7 Step left behind right, step right foot to the side, rock left across right.
- 8& Recover back onto right, step left to the side.

Sec B2: □ Cross rock, recover , side, cross, side, sailor ¼ turn left, syncopated rocking chair. □

- 1 Rock right across left.
- 2&3 Recover back onto left, step right to the side, step left across right.
- 4 Step right foot to the side.
- 5&6 Step left behind right, ¼ turn left stepping right to the side, step left foot forward.

7&8& Rock right forward, recover back onto left, rock right back, recover forward onto left.

Sec B3: □ Step forward, forward mambo, back mambo, ½ turn right, ¼ turn left

1 Step right foot forward

2&3 Rock left foot forward, recover back onto right, small step back left

4&5 Rock right foot back, recover forward onto left, small step forward right.

6&7 Step left foot forward, ½ turn right, step left foot forward.

8& Step right foot forward, ¼ turn left (weight ends on left to the side)

Sec B4: □ Step across, Scissor steps x 2, sway left, right, left.

1 Step right across left

2&3 Step left foot to the side, close right towards left, step left across right.

4&5 Step right foot to the side, close left towards right, step right across left

6 – 8 Step left foot to the side and sway left, sway right, sway left (right foot draws in)

Dance part B three times.

On the third time only dance section 1 if adding in the optional ending below.

Optional ending

On the third repetition of part B only section 1 then to finish add the following.

1 – 4 Cross right over left , unwind full turn to left.

Last Update – 28th Oct 2016
