It's A Country Thang

拍數: 48

級數: Intermediate

編舞者: Stephen Pistoia (USA) - October 2016

音樂: Country Thang - Nikki Briar : (iTunes)

Intro: 16 counts

(1-8) RT HEEL GRIND COASTER STEP LT HEEL GRIND COASTER STEP

1-2 weight on L step RT foot down pivot ¼ turn RT on R heel

牆數: 4

- 3&4 step R foot back L next to R step R forward
- 5-6 weight on R step LT foot down pivot ¼ LT on R heel
- 7&8 step L foot back R next to L step L forward

(9-16) STEP PIVOT LT STEP STEP SHUFFLE HALF TURN R STEP PIVOT R

- 1-2 weight on L step RF forward pivot on LF over left shoulder
- 3-4 step RF forward step back on left ft making ½ turn R(12 o clock wall) keeping weight on LF
- 5&6 (1/2 turn shuffle R to 6 o'clock wall) step RF out LF next R step RF
- 7-8 weight on R step LF forward pivot RF over RT shoulder

(17-24) STEP CROSS POINT X 3 STEP FOWARD R BRING LF UP BEHIND RF

- 1-2 step LF forward point RF to R
- 3-4 cross RF over LF taking weight point LF out
- 5-6 cross LF over RF taking weight point RF out
- 7-8 step RF forward bring LF up behind RF

(25-32) SHUFFLE BACK TOE PIVOT SHUFFLE LEFT ROCK RECOVER

- 1&2 step LF back RF next to LF step back on left
- 3-4 weight on LF RT toe behind LF pivot ½ turn RT taking weight on RF
- 5&6 step LF out to L step RF next to L step LF out to L taking weight
- 7-8 RF behind LF recover weight LF

(33-40) GRAPVINE TO RT LT HEEL GRIND COASTER STEP

- 1-2 step RF to R , LF behind RF
- 3-4 step RF out to R LF over RF
- 5-6 step RF out to R taking weight pivot LT heel ¼ LF
- 7&8 step LF back step RF next to LF step LF forward

(41-48) KICKBALL CROSS HEEL JACK HEEL JACK STOMP STOMP

- 1&2 kick RF forward step together on ball of RF cross left over RF
- &3 step RF to side touch left diagonally forward
- &4 step left together cross RF over LF
- &5 step left to side touch R heel diagonally forward
- &6 step RF to side cross left over RF
- 7-8 stomp RF stomp LF

Enjoy any questions pistoias@ymail.com

