

Lord of the Dance

拍數: 32 牆數: 4 級數: Beginner
編舞者: Astrid Kaeswurm (DE) - October 2015
音樂: Lord of the Dance - Cu Chulainn



Intro: Count 32

[1 – 8] □ Rock Step Fwd, Together, Heel & Heel, Rock Step Fwd, Shuffle Full Turn L

1, 2 R forwards, transfer of weight back to L
& R together L
3 & 4 put L heel to the front, L together R, put R heel to the front
& R together L
5, 6 L forwards, transfer of weight back to R
7 & 8 turn a full turn L and do steps L, R, L

[9 – 16] □ □ Rock Step Fwd, Together, Point & Point, R Sailor Step, L Sailor ½ Turn

1, 2 R forwards, transfer of weight back to L
& R together L
3 & 4 tap L side with stretched leg, L together R, tap R side with stretched leg
5 & 6 cross R behind L, L to the side, R to the side
7 & 8 cross L behind R, 1/2 turn L + R to the side, L to the side

[17 – 24] □ R Side, 2 x Clap, Behind Side Cross, R Side, 2 x Clap, Together, Cross Shuffle

1 R side
& 2 clap, clap
3 & 4 L behind R, R side, L cross over R
5 R side
& 6 clap, clap
& L together R
7 & 8 cross R over L, Close L to R, cross R over L

[25 – 32] □ L Side Rock, ¼ Coaster Turn, Rock Step, Together, Touch Heel Fwd, Touch Toe Back

1, 2 L side, transfer of weight back to R
3 & 4 ¼ turn L + L back, R together L, L forwards
5, 6 R forwards, transfer of weight back to L
& R together L
7 & 8 L touch heel forwards, L together R, R touch toe behind L

Tags: 4 Counts Wall 1, 2 and 5

Repeat Count 29 – 32

1, 2 R forwards, transfer of weight back to L
& R together L
3 & 4 L touch heel forwards, L together R, R touch toe behind L

Last Update - 12th Oct 2016