Parachute



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Donna Manning (USA) - August 2016

音樂: Parachute - Chris Stapleton



#40 count intro

*1st Tag: after wall 5 facing 9:00

Wall 8 starts facing 3:00 - Restart after 16 counts taking you back to 12:00

**2nd Tag: After wall 12 you will be facing 12:00 - Tag brings you back to 12:00

Sec. 1: ☐Back, Ronde, Behind, Side, Cross, ¼, ¼, Sailor Step

1,2,3&4 Step R back, sweep L frnt to back, step L dwn behind R, R to R side, Cross L over R
5,6, 7&8 1/4 turn L stepping R back, on ball or R continue 1/4 turn L stepping L to L side, step R behind L, step L to L side, recover weight to R (6:00)

Sec. 2: ☐ Sailor ½ Turn Cross, Tap, Kick, Triple, ½ Turn Triple

1&2 Step L behind R (on the ball of L execute ½ turn to L), step R to R side (small step), cross L

over R **finish facing 1:30

3,4 Tap R next to L, Kick R at the diagonal

5&6 Step R back, bring L to R, step R back – don't place weight on the heel

7&8 Over L shoulder ¼ turn L stepping L to L side, bring R to L, ¼ turn L stepping R towards 7:30

(6:00)

***Wall 8– starts @ 3:00 the 2nd time- do counts 7&8 back to 12:00 instead of 10:30- RESTART

Sec. 3□Step, Touch, Back, Heel, Step, Walk, ½ Turn, Back, Heel, Step, Touch, Step, Walk, ¼ (done on the diagonals)

&1&2&3,4 Quick step down with R, touch L toe next to R, step L down, touch R heel out, bring R to

center, step L fwrd slightly , $\frac{1}{2}$ turn L on ball of L stepping R down

&5&6&7,8 Step L slightly back, touch R heel out, R to center, touch L toe next to R, step L down, step R

fwrd, 1/8 turn R stepping L to L side (3:00)

Sec.4□¼ Turn Side triple (2X), Back Rocking Chair

1&2 Turning $\frac{1}{4}$ to R- R to R side, L to R, R to R side - 6:00 3&4 Turning $\frac{1}{4}$ to R - L to L side, R to L, L to L side - 9:00

5,6,7,8 Push off ball of R back, Recover to L, Rock R fwrd (keeping weight over center), recover to L

(9:00)

*1st Tag: 4 counts - step R back, sweep L front to back, step L down, sweep R front to back

**2nd Tag: 8 counts – $\frac{1}{4}$ R – side triple R (3:00), $\frac{1}{4}$ turn R – L side triple (6:00), $\frac{1}{4}$ turn R – R side Triple (9:00), $\frac{1}{4}$ turn R- L side triple (12:00)