Easy Life



拍數: 32 編數: 2 級數: Improver 編舞者: Jane Middleton (UK) & Ian Scowcroft (UK) - October 2016

音樂: Ready To Roll - Ruthie Collins



Music Available on Download from iTunes & www.amazon.co.uk

(This was written as an Improver floor split for floor split for: - 'Crazy Life' By Robbie McGowan Hickie & Jef Camps)

#16 Count intro

S1: Forward Rock. Left Shuffle Back , Back Rock , 2 x Walks Forward.		
1 – 2	Rock forward on Left. Recover onto Right.	
3 & 4	Left shuffle Back L R L.	
5 – 6	Rock back on Right, Recover forward onto Left.	

7 – 8 Walk forward on Right. Walk forward on Left. (Facing 12 o'clock)

S2: Jazz Box ¼ R, Cross, Jazz Box ¼ R, brush,

1 2	Cross Right over Lett. Step back on Lett.
3 – 4	Make 1/4 turn R stepping on Right. Cross L over R stepping on L.
5 – 6	Cross Right over Left. Step back on Left.
7 – 8	Make 1/4 turn R stepping on Right. Brush L over R (weight stays on R). (Facing 6 o'clock) *

S3: Cross rock, Chassis ¼ Turn L. 2 x Walks Forward. Anchor Step.

1 – 2	Cross Rock L over R, Recover onto R.
3 &4	Step Left. Step Right beside Left. Step forward on Left turning ¼ left.
5 – 6	Walk forward on Right. Walk forward on Left.
7 & 8	Step Right behind Left. Rock forward on Left. Replace Right. (Facing 3 o'clock)

S4: 2 x Walks Back. Coaster Step. Step ½ Pivot, Step ¼, Hitch.

1 – 2	Walk back on Left. Walk back on Right.
3 & 4	Step Back Left, Step Right Beside Left, Step Forward Left.
5 – 6	Step Forward Right, Turn ½ Left onto Left .
7 & 8	Step Forward Right. Turn ¼ L hitching left knee (keep weight on right). (Facing 6 o'clock)

Start Again

**Restart: ☐ Dance to Count 15 of Wall 5 replace brush L over R with a hitch (left knee, like the last step of the dance)... then Start the Dance Again from the Beginning (Facing 6 o'clock)

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