

Out Of Your Mind

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Sylvie Favre (CH) - November 2016
音樂: Classic - MKTO



Restart: after 16 counts on 2,5,7th walls

WALK, WALK, ANCHOR STEP, COASTER STEP, TOUCH & HIP BUMP 2x

1-2 RF Step forward, LF Step forward
3&4 RF Step behind left, LF In place, RF Step Behind
5&6 LF Step Behind, RF Step together, LF Step forward
7-8 RF touch forward, with bump hip R, RF Weight L, bump hip R

½ TOUCH & HIP BUMP, HIP BUMP, WALK, WALK, ROCK FORWARD, COASTER STEP

1-2 LF ½ (6:00) touch forward with bump hip L, LF Weight R, bump hip L
3-4 RF Step forward, LF Step forward
5&6 RF Step forward, LF Recover weight, RF Step behind
7&8 LF Step behind, RF Step together, LF Step forward

Restart: after 16 counts after 2,5,7 wall

¼ HIP BUMP SIDE 2X , HIP BUMP 2X, HIP BUMP SIDE 2X, HIP BUMP 2X

1-2 RF ¼ (3 :00) touch side with bump hip R, LF in place with bump hip L
3&4 RF weight L, bump hip R, LF weight bump hip L, RF weight L bump R
5-6 LF in place with bump hip L, RF in place with bump hip R
7&8 LF weight R bump hip L, RF weight R bump hip R, LF weigh R bump hip R

¼ WALK, WALK, SAILOR STEP, COASTER TURN ½, SIDE ROCK

1-2 RF ¼ (12:00) step forward, LF Step forward
3&4 RF Cross behind, LF Step L, RF Step R
5&6 LF Cross behind, RF ½ (6 :00) together L, LF Step forward
7-8 RF Step side, LF Recover weghit

Have fun and keep smiling

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