Human After All



編舞者: Maria Elena Santarromana (FR) - November 2016

音樂: Human - Rag'n'Bone Man



Sequence: A A B A B - RESTART - B - TAG -A

Intro 16 counts

VERSE A (32 COUNTS)

A[1-8] \square R STEP LOCK STEP – R TOE HEEL STOMP – L SCISSOR – R KICK BALL CHANGE – R BACK ROCK STEP – L LOCK STEP - $\frac{1}{2}$ L PIVOT TURN

1 R Step forward (R)

2&3 Lock L behind R – R step forward – Lock L behind R (LRL)

4&5 Touch R toe Behind – Touch R heel Forward – Stomp R over L (R)

6&7 [6] Open L to L [&] R together - [7] Cross L over R (LRL)

8&1 [8] Kick R forward [&] R in place – [1] Recover on Left forward (RL)

A[9-16]□R BACK ROCK STEP TOGETHER - L LOCK STEP - ½ L PIVOT TURN - R SAILOR STEP

[2] R rock back - [&] Recover on L - [3] R Together (RLR)
 Step L forward – Lock R behind L – Step R forward(LRL)
 Step R forward - ½ R pivot Turn Recover on L(RL) 6h
 Cross R behind Left – Open L to L – Open R to R (RLR)

A[17-24]□LEFT SAILOR - RIGHT STEP TOUCH - 1 L PIVOT TURN - R SCISSOR STEP

2&3 Cross L behind R – Open R to R – Open L to L (LRL)

4& [4] Open R to R - [&] Touch L next to R (RL)

5&6 [5] Stomp L Forward - [&] Step R forward - [6] ½ L pivot turn Recover on L (LRL)

&7 [&] Step R forward - [7] ½ L pivot turn Recover on L (RL)
8&1 Open R to R – L Together – Cross R over L (RLR)

A[25-32] L SCISSOR STEP - VINE 1/4 R TURN - 1/2 R PIVOT TURN - R STOMP

2&3 Open L to L – R Together – Cross L over R (LRL)

Open R to R – Cross L behind R – ¼ R Turn Step R forward (RLR) 9h Step L forward ½ R pivot Turn - Recover on R - Step L forward 3h

8 Stomp R close to L

CHORUS B (32 counts)

B[1-8]□R ROCK STEP - ½ R TURN STEP FORWARD - ½ R PIVOT TURN - TOE HEEL STOMP R& L

1-2& [1] R Front Rock step – [2] Recover on L - [&] ½ R turn Step R forward (RLR)
3-4& [3] Step L forward- [4] ½ R pivot turn Recover on R - [&] Step L forward ((LRL)
5&6 [5] Touch R toe close to L – [&] Cross R heel over L - [6] Stomp R crossed over L R)
&7-8 [&] Touch L toe close to R – [5] Cross L heel over R - [8] Stomp L crossed over R (L)

B[9-16]□K STEP - 1 FULL L TURN - R KICK & POINT L BACK

1&2& [1] R front Step in diagonal - [&] Touch L – [2] L Step Back in diagonal - [&] Touch R (RLLR

Weight on L)

3-4 R step back in diagonal Touch L forward (RL weight on R)

5&6 [5] L step in place – [&] R Step Forward - [6] ½ L pivot turn Recover on L (LRL)

&7 [&]R Step Forward - [7] ½ L pivot turn Recover on L (RL)

8&1 [8] Kick R forward – [&] Recover on R - [1] Point L back (LRL Weight on R)

B[17-24]□L KICK & POINT R BACK – CROSS & HEEL R & L – R SHUFFLE – SIDE L ROCK STEP

2&3 [2] Kick L forward – [&] Recover on L - [3] Point R back (RLR Weight on R)

Cross R over L – Open L to L – Touch R Heel in Diago(RLR weight on L)
 Cross L over R – Open R to R – Touch L Heel in Diago(LRL weight on R)

8 Stomp L in place (L)

B[25-32]□CROSS R - L SHUFFLE- R SIDE STEP- CROSS L - R SHUFFLE- L SIDE STEP

1-2&3 [1] Cross R over L – [2] Open L to L - [&] Cross R over L – [3] Open L to L(RLRL)

4 Stomp R back (R)

5-6&7 [5] Cross L over R – [6] Open R to R - [&] Cross L over R – [7]Open R to R(LRLR)

8 Stomp R back (R)

Restart from the [kick and Point L (8&1)] You have to modify the 4 last counts You have 2 options

5-6&7& [5] Cross L over R – [6] Open R to R - [&] Cross L over R – [7]Open R to R [&] Cross L over R

(LRLRL)

5&6&7 [5] Cross L over R – [&] Open R to R - [6] Cross L over R – [&]Open R to R [7] Cross L over R

(LRLRL)

TAG - 4 free counts

Start A on the first beat

Contact : Maria Elena Santarromana - Maria.elena@aliceadsl.fr□