

Treat You Better

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: John Huffman (USA) - October 2016
音樂: Treat You Better - Shawn Mendes : (Album: Illuminate)



Intro: Dance starts after 16 counts, Weight on L

Chasse R, Sway L, Sway R Chasse L Sway R, Sway L

1&2 1) Step R to side &) Step L to R 2) Step R to side
3-4 3) Sway L 4) Sway R
5&6 5) Step L to side &) Step R to L 6) Step L to side
7-8 7) Sway R 8) Sway L (12:00)

Alternate for sways

&3&4& &) Touch L to R 3) Step L to side &) Touch R to L 4) Step R to side &) Touch L to R
&7&8 &) Touch R to L 7) Step R to side &) Touch L to R 8) Step L to side

Crossrock-Recover-Side X2, L Vine, R Scissor

1&2 1) Rock R across L &) Recover to L 2) Step R to side
3&4 3) Rock L across R &) Recover to R 4) Step L to side
5&6 5) Step R behind L &) Step L to side 6) Step R across L
7&8 7) Step L to side &) Step R to L 8) Step L across R (12:00)

R Mambo, L Mambo, Kick-Ball-Step, Front Mambo

1&2 1) Rock R to side &) Recover to L 2) Step R to L
3&4 3) Rock L to side &) Recover to R 4) Step L to R
5&6 5) Kick R fwd &) Step R in place 6) Step L fwd
7&8 7) Rock R fwd &) Recover to L 8) Step R back (12:00)

Hip Bumps back X2, Coaster Step, Step-1/4-Touch

1&2 1) Touching L back, bump hip L (angle body to diag) &) Recover to R, bump hip R 2) Weight
to L, bump hip L
3&4 3) Touching R back, bump hip R (angle body to diag) &) Recover to L, bump hip L 4) Weight
to R, bump hip R
5&6 5) Step L back &) Step R to L 6) Step L fwd
7&8 7) Step R fwd &) Pivot 1/4 L (wt to L) 8) Touch R to L (9:00)

Repeat, Have Fun

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