Jack Is Back



拍數: 32 編數: Advanced Beginner

編舞者: Rick Wilson (USA) - December 2016

音樂: Jack Is Back - The Clan: (Casa Musica)



Or Any Mambo Tempo Song

Always An Adventure

SIDE TOGETHER SIDE, CROSS SIDE TOGETHER, CROSS SIDE, ROLL TO LEFT 1/2

1&2,3&4,5-6,7&8 Side Right, Left Together, Side Right, Cross Left Over Right, Side Right, Left Together, Cross Right Over Left, Side Left, Cross Right Behind, 1/4 Step Left, 1/4 Step Side Right.

KICK BALL CHANGE, SAILOR STEP 2 TIMES, 1/4 TURN TO RIGHT

1&2,3&4,5&6
Kick Left Forward, Step Back On Left, Right In Place, Cross Left Behind Right, Side Right,
Left In Place, Cross Right Behind Left, Side Left, Right In Place, Step Forward Left Pivot 1/4 to Right, Step Side Right

FORWARD 3 STEPS, 1/2 TURN TO LEFT, CROSS SWAY STEPS 2 TIMES

1&2,3-4,5&6,7&8 Forward Left, Forward Right, Forward Left, Step Forward Right Pivot 1/2 Turn To the Left, Step Forward Left, Cross Right Over Left, Sway Side Left, Side Right, Cross Left Over Right, Sway Side Right, Side Left.

FORWARD 3 STEPS, 1/2 TURN TO THE RIGHT, CROSS SWAY STEP, WALK FORWARD RIGHT, 1/4 STEP LEFT WITH LEFT

1&2,3-4,5&6,7-8 Forward Right, Forward Left, Forward Right, Step Forward Left Pivot 1/2 Turn To Right, Step Forward Right, Cross Left Over Right, Sway Side Right, Side Left, Walk Forward Right, 1/4 Turn To Left Step Left.

Begin Again