Christmas Sleigh Ride



拍數: 32 牆數: 2 級數: High Beginner

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音樂: Sleigh Ride - Pentatonix: (iTunes, amazon)



[1-8]□□VINE 2, SHUFFLE (RIGHT & LEFT)

1,2,3&4 Step right, left behind, shuffle (right, left, right) 5,6,7&8 Step left, right behind, shuffle (left, right, left)

[9-16]□□CROSS ROCK, RECOVER, SHUFFLE 1/4 TURN, ROCKING CHAIR

1,2,3&4 Step right across left, recover, shuffle turning ¼ right 5,6,7,8 Step left forward, recover, step left back, recover

[17-24]□SIDE TOUCH, TURN TOUCH, ROCK, RECOVER, COASTER STEP

1,2,3,4 Step left, touch right, step right touch left turning ¼ right

5,6,7&8 Step left forward, recover, do a left, right, left coaster step in place

[25-32] POINT & CROSS TWICE, WALK BACK FOR 4

1,2,3,4 Point right forward on diagonal, cross, left, point left diagonal, cross right

5,6,7,8 Walk back right, left, right, left

BEGIN AGAIN

Both the TAG and the RESTART happen while facing the back wall. The TAG comes after the fourth sequence – bump the hips right, left, hold, right, left.

The RESTART comes after the first eight counts of the sixth sequence. Think of it as repeating the first eight counts.

Questions? Email: jck@johnkoning.com