Milk & Honey



拍數: 32 牆數: 4 級數: Improver

編舞者: Alison J. Austerberry (UK) & Barbara Mulholland (UK) - December 2016

音樂: Hallelujah - Milk and Honey: (Eurovision 1979)



In memory of my Mum & Dad

RUMBA BOX, RIGHT COASTER STEP, STEP TURN, STEP, STEP

1&2 Step right to right side, step left next to right, step right forward

&3&4 Bring left next to right, step left to left side, step right next to left, step back left.

Step back on right, step left next to right, step right in place

Step forward on left, pivoting ½ turn right, stepping right, left.

RIGHT LOCK STEP, LEFT LOCK STEP, TOE STRUT TURNS X 4

9&10 Step forward right to right diagonal, bring left next to right. Step right forward 11&12 Step forward left to left diagonal, bring right next to left. Step left forward

&13&14 Step right toe forward, bring heel down, (turning 1/4 left), Step left toe forward bring heel down

(Turning 1/4 left)

&15&16& Step right toe forward, bring heel down (turning ¼ left), Step left toe forward bring heel down

RIGHT MONTEREY, KICK AND KICK, ROCK AND ROCK, SWAY, SWAY

17 &18 Touch right to to right, turn ¼ right, step right next to left. Touch left out to left side

&19&20 Bring left next to right. Kick right forward across left. Step right. Kick left forward across right.

&21-22 Step left. Rock back slightly on right, rocking forward on left

&23-24 Step right, swaying hips, right, left

RIGHT JAZZ BOX, RIGHT VAUDEVILLE, LEFT VAUDEVILLE

25-26 Step right to right side, cross left over right 27-28 Step back right, step left next to right.

29&30 Cross right over left, step left in place, point right heel out

&31&32& Step right in place, cross left over right, point left heel out, step left in place

END OF DANCE

*As you start Wall 4, there will be a slight HOLD when before you do Counts 5&6

STYLING TIPS: It is a joyous dance so hands can be raised during toe struts, and vaudevilles, and during the lock steps, hold hands with the person next to you

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