

Ain't Giving

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Fred Whitehouse (IRE) - December 2016
音樂: Ain't Giving Up - Craig David & Sigala : (Single - 2.38)



Intro – 32 count (16 sec)

[1-8] Touch x2, slide, grapevine L (Rolling turn)

- 1,2 Touch RF to R side, touch RF next to L
- 3,4 Large step RF to R, drag LF next to R
- 5,6 Step LF to L side, step RF behind L
- 7,8 Step LF to L side, touch RF next to L (instead of this grapevine, add a full rolling turn left for extra fun)

[9-16] Run R,L,R, Run L,R,L, ¼ turn jazz box

- 1&2 Step RF forward, step LF forward, step RF forward (On count 2 slightly hitch L knee for styling)
- 3&4 Step LF forward, step RF forward, step LF forward (On count 4 slightly hitch R knee for styling)
- 5,6 Cross RF over L, ¼ turn R stepping LF back (3.00)
- 7,8 Step RF to R side, close LF next to R

[17-24] Hip bump recover x2, pivot ¼ turn L x2 (hip rolls)

- 1,2 Touch RF forward, close RF next to L (Pushing hips forward and back)
- 3,4 Touch LF forward, close LF next to R (Pushing hips forward and back)
- 5,6 Step RF forward, pivot ¼ turn L (roll hips for extra styling)
- 7,8 Step RF forward, pivot ¼ turn L (roll hips for extra styling)

[25-32] Jazz box, paddle ½ turn R, clap

- 1,2 Cross RF over L, step LF back
- 3,4 Step RF to R side, cross LF over R
- 5,6 Touch RF to R side, ¼ turn L touching RF to R side
- 7,8 ¼ turn L touching RF to side, close RF next to L (Clap)

Happy dancing

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