

The Beep Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Bertha Arseneau (CAN) - January 2017
音樂: Beep Beep - Little Mix



(S 1) 1-8: ROCK FWD, RECOVER, BACK SHUFFLE STEP, ROCK BACK, RECOVER, ½ LEFT TURN SHUFFLE STEP

1,2 Rock LF forward (1), recover on RF (2) (12:00)
3&4 Back Shuffle Step, L,R,L (3&4)
5,6 Rock RF back (5), recover on LF (6)
7&8 ½ turn left Shuffle Step (7&8) (6:00)

(S 2) 9-16: ROCK BACK, RECOVER, ½ TURN RIGHT SHUFFLE STEP, ROCK BACK, RECOVER, TURN ¼ LEFT CHA-CHA-CHA

1,2 Rock LF back (1), recover on RF (2)
3&4 ½ turn right Shuffle Step, L,R,L (12:00)
5,6 Rock RF back (5), recover on LF (6)
7&8 ¼ left Cha-Cha-Cha, R,L,R (7&8) (9:00)

(S 3) 17-24: STEP PIVOT (2X), JAZZBOX

1,2 Step LF fwd (1), pivot to ½ turn right and step on RF (2) (3:00)
3,4 Step LF fwd (3), pivot to ½ turn right and step on RF (4) (9:00)
5,6,6,8 Cross LF over RF(5), step RF back (6), step LF to left side (7), cross RF over LF(8)

(S 4) 25-32: ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK, RECOVER, BEHIND, SIDE CROSS, [Opt. cross shuffle for counts 3&4, 7&8]

1,2 Rock LF to L (1), recover on RF (2)
3&4 Step LF behind RF (3), step RF to R side (&), cross LF over RF (4), [Opt. Cross Shuffle]
5,6 Rock RF to R (5), recover on LF (6)
7&8 Step RF behind LF (7), step LF to L side (&), cross RF over LF (8) (9:00), [Opt. cross shuffle]

START AGAIN

RESTART: When danced to "Beep Beep"
On wall 11 facing 6 o'clock, dance up to count 16 and restart facing 3 o'clock

Other Music: Up by The Saturdays, no tags or restarts..

CONTACT: berthaar@nb.sympatico.ca

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