

拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Double Trouble (CAN) - January 2017

音樂: Go Tell It on the Mountain (with The Rankins & Natalie McMaster) - Johnny Reid



#### Start 32 counts in, on the lyrics

### S1:□Right Heel Hook, Right Side Shuffle, Left Heel Hook Left Side Shuffle.

1-2 Touch right heel forward on a slight right diagonal, hook right heel up in front of left leg.

3&4 Shuffle to Right side (R, L, R)

5-6 Touch left hell forward on slight left diagonal, hook left heel up in front of right leg.

7&8 Shuffle to Left side (L, R,L)

# S2: Rock Right Forward, Recover Left, Right ½ Turn shuffle, Rock Left Forward, Recover Right, Left Coaster Step.

1-2 Rock right foot forward. Recover onto left.
3&4 ½ turn shuffle over right should (R,L,R).
5-6 Rock left foot forward. Recover onto right.

7&8 Step left foot back, quickly step together onto right, step forward onto left.

(Harder option is full turn shuffle over left shoulder)

# S3: ☐ Step Right Forward, Touch Left Behind Right, ¼ turn left Stepping Left To Side, Touch Right beside left, Lindy to the Right.

Step forward on slight diagonal onto right foot, touch left toe behind right.
While making a ¼ turn to left, step onto left, and touch right beside left.

5&6 Shuffle to the right (R,L,R)

7-8 Rock your left foot behind right, recover onto right.

#### S4: ☐ Weave to the Left, Rock Left to Left Side Recover onto Right, left Sailor Step.

1-4 Step Left to left side, Step right behind left, step left to left side, Step right in front of left.

5-6 Rock Left foot to left side, recover onto right.

7&8 Sailor Left (step left behind right, quickly step onto right, step left beside right)

End of Dance. – Thanks Nanette Aitken for posting the song to me.

#### Tag: □4 count Tag before starting wall 5

#### Rock Right Forward, Recover onto Left, Rock back Right, Recover onto Left.

1-4 Rock forward Right, recover onto left, rock back right, recover onto left.

Special Ending: Music changes and goes really slow – you can either stop or fix as per the below.

Do the first 8 counts of the dance at normal rhythm, then do the next 8 counts slowly, then add this slow tag to get back to the front wall

Rock right forward recover left, ¼ turn shuffle to the right. Stomp left foot and hold. Stomp right foot and hold.

### Contacts: -

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