I'll Be Your Parachute

拍數: 32

級數: High Beginner

編舞者: Step5678 (USA) - January 2017

音樂: Parachute - Chris Stapleton

Intro: 36 Counts 2 Tags...One After 1st Rotation, Second After 5th Rotation

R & L Side-Rock-Recover-Cross Steps (Moving Forward)

- 1&2 Rock R to right, Recover on L, Cross step R over L
- 3&4 Rock L to left, Recover on R, Cross step L over R
- 5&6 Rock R to right, Recover on L, Cross step R over L
- 7&8 Rock L to left, Recover on R, Cross step L over R

Fwd R Step, ½ Left Pivot, Fwd R Shuffle, Right Chase Turn, Hold

- 1-2 Step fwd on R, Pivot ½ turn left (weight on L)
- 3&4 Step fwd on R, Step L next to R, Step fwd on R
- 5-6 Step fwd on L, Pivot ½ turn right (weight on R)
- 7-8 Step fwd on L, Hold

Right Side Shuffle, Rock-Recover, ¼ Left Turn Lock-Step, Fwd L Lock-Shuffle

- 1&2 Step R to right, Step L next to R, Step R to right
- 3-4 Rock L behind R, Recover onto R
- 5-6 Step L ¼ turn left, Lock R behind L
- 7&8 Step fwd on L, Lock R behind L, Step fwd on L

Fwd R Step, ¼ Left Pivot, R Behind-Side-Cross, L Rock-Recover, L Behind-Side-Fwd

- 1-2 Step fwd on R, Pivot ¼ turn Left (weight on L)
- 3&4 Step R behind L, Step L to Left, Cross step R over L
- 5-6 Rock L to Left, Recover onto R
- 7&8 Step L behind R, Step R to right, Step L fwd

Tag here: After 1st and 5th Rotations (will be facing 6:00 for both tags) Start the dance from beginning after Tag.

Repeat and Enjoy! Dedicated to my friend Jessica.....

Tag: R Rocking Chair

- 1-2 Rock fwd on R, Recover onto L
- 3-4 Rock back on R, Recover onto L

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牆數:2