River's Up

拍數: 32

級數: Beginner

編舞者: Frank Heelan (IRE) - January 2017

音樂: Stay All Night - Derek Ryan

Sec 1: Right kick ball step, back, back, back. Left coaster step, step together step.

- 1&2 Kick right forward, step on ball of right, long step forward left.
- 3&4 Walk back R, L, R.
- 5&6 Step back left, right together, forward left.
- 7&8 Step right forward, left together, forward right. (12.00)

Sec 2: Cross & heel & cross & heel & step 1/2 turn, shuffle forward.

- 1&2 Step left over right, right to right, left heel forward.
- &3&4 Step on left, step right over left, left to left, right heel forward.
- &5-6 Step on right, forward left, pivot ½ right. (Weight to right)
- 7&8 Step forward left, right together, forward left. (6.00)

Sec 3: Chasse right, left sailor, right sailor 1/4 turn right, step turn step.

- 1&2 Step right to right, left together, right to right.
- 3&4 Step left behind, right to right, step left to left.
- 5&6 Step right behind, turn ¼ right stepping left to left, step right to right.
- 7&8 Step forward left, ½ turn right stepping forward right, forward left (3.00)

Sec 4: Walk R, L, shuffle Forward, pivot ¼ right, behind side cross.

- 1-2 Step forward right, forward left.
- 3&4 Step forward right, left together, forward right
- 5-6 Step forward left, pivot ¼ right, step right to right
- 7&8 Step left behind, right to right, cross left over right.

No Tags Or Restarts...

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牆數:2