Shape Of You



拍數: 32

級數: Improver

編舞者: Ilona Tessmer-Willis (USA) - January 2017

牆數:2

音樂: Shape of You - Ed Sheeran : (Google Play / AmazonMP3 / iTunes)

Intro: 16 cts

S1: R STEP, L HITCH TAP HITCH, L STEP TOGETHER STEP, R HITCH TAP HITCH, R STEP TOGETHER

- STEP
- 1 R Step to right side
- 2&3 L Hitch, L Tap, L Hitch
- 4&5 L Step to left side, R close next to L, L Step to left side
- 6&7 R Hitch, R Tap, R Hitch
- 8&1 R Step to right side, L close next to R, R Step to right side

S2: STEP FORWARD L R L, R FORWARD ROCK, L RECOVER, R BACK , STEP BACK L R L, HEEL BOUNCE

- 2&3 L Step Forward, Right Step Forward, L Step Forward
- 4&5 R Forward Rock, L Recover, R Back
- 6&7 L Step Back, R Step Back, L Step Back
- &8 Heel Bounce (with weight on balls of feet lift and drop heels)

S3: R 1/2 TURN: STEP R L R L R L R, L TOE TAP OUT IN OUT, SHIFT WEIGHT FROM R TO L

- 1 R 1/4 Turn: Step Forward R
- 2&3 Step Forward L R L
- 4&5 Step Forward R L R
- 6&7 L Toe Tap to left side, L Tap in, L Tap out to left side immediately shift weight to left
- 8&1 1/4 R Turn as R Toe points to new wall (6:00) tapping heel 3x (weight stays on left)

S4: STEP FORWARD R L R, L R L, R TOE TAP OUT IN OUT, HEEL BOUNCE

- 2&3 Step Forward R L R
- 4&5 Step Forward L R L
- 6&7 R Toe Tap to right side, R in, R Tap to right side
- &8 Heel Bounce (with weight on balls of feet lift and drop heel)

My friend Teri suggested this song. Thank you, great tune!

Enjoy!

Contact: hel.38@att.net

