

Shape Of You

拍數: 32 牆數: 4 級數: High Improver
編舞者: Marylène Bocquet (FR) - January 2017
音樂: Shape of You - Ed Sheeran



Introduction : After 16 Counts - NO TAGS, NO RESTARTS

CROSS SAMBA x2, ¼ RIGHT CROSS SAMBA, CROSS SHUFFLE.

1&2 Cross right over left, Side rock to left side, Recover onto right foot.
3&4 Cross left over right, Side rock to right side, Recover onto left foot.
5&6 With a ¼ turn right cross right over left, Side rock to left side, Recover onto right foot. -3:00
7&8 Cross left over right, Step right to right side, Cross left over right.

SIDE ROCK, BEHIND SIDE CROSS, PRESS RECOVER ¼ LEFT TURN, LEFT COASTER STEP.

1-2 Side rock to right side, Recover onto left foot.
3&4 Behind-Side-Cross: Right foot behind left, Step left to left side, Cross right over left.
5-6 Press left foot to left side, Recover on right foot with ¼ turn left. -12:00
7&8 Step back onto left foot, Step back on right, Step forward onto left foot.

WALK, WALK, KICK-BALL-CHANGE, RUN RUN RUN- BACK BACK □□□□

1-2 Walk forward on right foot, Walk forward on left foot.
3&4 Kick right foot forward, Step weight onto right, Step weight onto left foot.
5&6 Run Forwards x 3 (R-L-R).
7-8 Step left back (Slightly on left diagonal), Step right back (Slightly on right diagonal).

COASTER STEP, ½ TURN SYNCOPATED HIP BUMPS, WALK WALK, RUN RUN RUN ¾ LEFT

1&2 Step back onto left foot, Step back onto right foot, Step left foot forward.
3& ¼ turn left stepping right to right side with hip bump right(3) Hip bumps left (&
4 ¼ turn left with hip bump right (4) (Weight on right foot). -6:00

Styling: Do the bumps up & down □□□□

5-6 Step left foot forward, Step right foot forward.
7&8 Making a ¾ turn left: Run, Run, Run (L-R-L) Weight on left foot -9:00

A big thank you to my friend Greg, who does the English translations for all my dances.

DON'T FORGET TO SMILE AND HAVE FUN – PEOPLE MAY BE WATCHING!

Contact: bocquetfamily1@free.fr