

Wants and Needs EZ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annemaree Sleeth (AUS) - January 2017
音樂: Wants and Needs - Extreme Music : (Album: Superfunk, 3.41 - iTunes)



Alternative Music: Stay A Little Bit Longer By Dreamhouse
Or Stay by The Frankie Valley and The Four Seasons

Long Intro 64 Counts. About 34 seconds Dance Last 8 Counts Left Then Right For Intro
Note For Styling Add Arms For Funk. Or Body Rolls etc. Its open to Interpretation

Suggested Intro
Side, Touch, Side, Touch, Side Together, Side, Touch (Right And Left Till Lyrics Start)
Add Funky Arms

SEC 1 [1– 8] DIAG FORWARD OUT, OUT, TOGETHER, CROSS, SIDE CROSS, SIDE, CROSS

- 1 - 2 Step R Diag Forward , Step L Diag Forward
- 3 - 4 Step R Together , Bending Knees Cross L Over R (Snapping Fingers In Front On Crosses)
- 5 - 6 Step R Side On Ball Or R, Bending Knees Cross R Over L
- 7 - 8 Step R Side On Ball Or R, Bending Knees Cross R Over L

Arm Movement Swinging Arms Across Body Then Out Twice

On The Lyrics Up and Down Arms Go Up Arms Back Down In the Song

SEC 2 [9 – 16] OUT, OUT, BACK, TOGETHER, CROSS , SIDE , BEHIND, ¼ LEFT FORWARD

- 1 - 2 Step R Diag Forward , Step L Diag Forward
- 3 - 4 Step R Back, Step L Together
- 5 - 6 Cross R Over L, Step L Side
- 7 - 8 Turn ¼ L Step R Behind L, Step L Forward

SEC 3 [17 – 24] 1/8 FORWARD, HOLD, BACK, HOLD, BACK HOLD, FORWARD (2 Rocking Chairs)

- 1 - 2 Rock R Forward, Bending Upper Body Forward, Hold (Shimmy)
- 3 - 4 Recover To L, Hold (Centre)
- 1 - 2 Rock R Back, Bending Upper Body Back, Hold
- 3 - 4 Recover To L, Hold

Option 2 Right Rocking Chairs

Option Here For Body Rolls Forward And Back(As If Sitting In A Chair Then Getting Out Off The Chair)
Option to Shimmy or Shake Shoulders Forward and Back then Back , Forward

SEC 4 [25 – 32] JAZZ BOX, CROSS, BALL, CROSS , BALL, CROSS

- 1 - 2 Cross L Over R , Step R Back,
- 3 - 4 Step L Side , Cross R Over L
- 5 - 6 Stepping R Side On Ball of R Foot, Cross L Over R
- 7 - 8 Stepping R Side On Ball of R Foot, Cross L Over R

Counts 6 -8 Options

Travelling to the Right Toe Heel Toe Heel Swivel

Side Together Side Together , Or Side, Cross, Side , Together

Side Together Side Together of Snake Body Roll R Then L

Finishes Faces 3.00. Complete Entire Wall -- Turn ¼ L To Face Front

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Youtube Site Annemaree Sleeth <https://www.youtube.com/user/frederina521>

