Vino Griego

拍數: 64

級數: Improver

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音樂: Vino griego, by Kichwas Runa – sirtaki - BPM: 78

牆數: 1



Introduction : 12 counts

S1 : SIDE RIGHT , TOUCH, SIDE LEFT, TOUCH, SIDE RIGHT, CROSS POINT, SIDE LEFT, CROSS POINT

- 1, 2 RF step right side, touch LF beside RF with light flex of both legs
- 3, 4 LF step left side, touch RF beside LF with light flex of both legs
- 5, 6 RF step right side, cross point LF over RF (direction right diagonal)
- 7, 8 LF step left side, cross point RF over LF (direction left diagonal)

S2 : SIDE RIGHT , POINT BEHIND , SIDE LEFT , POINT BEHIND , SIDE RIGHT , KICK, SIDE LEFT, KICK

- 1, 2 RF step right side, point LF behind RF
- 3, 4 LF step left, point right foot behind LF
- 5, 6 RF step right side, kick LF towards right diagonal
- 7, 8 LF step left side, kick RF towards left diagonal

S3: WALK X 3, BEND, BACK X 3, STOMP UP

- 1, 2, 3, 4 RF walk, LF walk, RF walk, bend on right knee
- 5, 6, 7, 8 LF back, RF back, LF back, stomp up with RF

S4 : SIDE RIGHT, TOUCH, SIDE LEFT, TOUCH X 2

- 1, 2 RF step right side, touch LF beside RF with light flex of both legs
- 3, 4 LF step left side, touch RF beside LF with light flex of both legs
- 5, 6 RF step right side, touch LF beside RF with light flex of both legs
- 7, 8 LF step left side, touch RF beside LF with light flex of both legs

S5 : BACK , HOLD, TOUCH, HOLD, WALK, POINT, BRUSH, HITCH

- 1, 2 RF step back, hold
- 3, 4 LF touch beside RF, hold
- 5, 6 LF walk, RF point behind LF
- 7, 8 RF brush, RF hitch

S6 : BACK , HITCH , SIDE LEFT , KICK , SIDE RIGHT, HOLD, TOGETHER WITH STOMP, HOLD

- 1, 2 RF step back, LF hitch
- 3, 4 LF step left side, RF kick towards left diagonal
- 5, 6 RF long step right side, hold
- 7, 8 LF together with a stomp, hold

S7 : WEAVE, CROSS, HITCH , CROSS, SIDE RIGHT

- 1, 2 RF cross over LF, LF step left side
- 3, 4 RF cross behind LF, LF step left side
- 5, 6 RF cross over LF, LF hitch
- 7, 8 LF cross over RF, RF step right side

S8 : BEHIND, SIDE, CROSS, HITCH, CROSS, SIDE LEFT, CROSS ROCK, RECOVER

- 1, 2 LF behind RF, RF step right side
- 3, 4 LF cross over RF, RF hitch
- 5, 6 RF cross over LF, LF step left side
- 7, 8 RF cross rock over LF bending on right knee, recover on LF



REPEAT, AND HAVE FUN !

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