COPPER KNOB

拍數: 32

級數: Improver

編舞者: Michael Barr (USA) - January 2017

音樂: Can't Sleep Love - Pentatonix : (Album: Pentatonix or Delux Version - 2:53)



Download: iTunes or Amazon (download the 2:53 version only!) Lead: 16 cts.

[1-8] 4 Wizard Steps: Forward/Behind/Ball - Forward/Behind/Ball - Repeat

牆數:4

- 1, 2& Step R to right forward diagonal; Step L directly behind R; Step ball of R slightly forward
- 3, 4& Step L forward to the left diagonal; Step R directly behind L; Step ball of L slightly forward
- 5, 6& Step R to right forward diagonal; Step L directly behind R; Step ball of R slightly forward
- 7, 8& Step L forward to the left diagonal; Step R directly behind L; Step ball of L slightly forward (12:00)

[9-16] Taps: Out - In - Out, In - In - In - Syncopated Hips Bumps, Mambo Cross

- 1 & 2 Tap R toe side right; Tap R next to L; Tap R toe side right
- 3 & 4 Tap R in a little towards L; Tap R in a little more towards L; Tap R next to L (weight L)
- 5&6& Bump Hips right; (&) Bump Hips left; Bump Hips right; (&) Bump Hips left
- 7 & 8 Small side rock onto ball of R; Return to L slightly stepping back; Step R in front of L (12:00)

[17-24] Mambo Cross, Chasse Right – 1/4 Chasse Left, Rock – Return – Step Back

- 1 & 2 Small side rock onto ball of L; Return to R slightly stepping back; Step L in front of R
- 3 & 4 Step R side right; Step L next to R; Step R side right
- &5&6 (&) Turn ¼ left on ball of R; Step L side left; Step R next to L; Step L side right (9:00)
- 7 & 8 Rock R forward to left diagonal (open body to left); Return to your L in place; Step R back (still on diagonal)

[25-32] 3 Steps Back, Touch Side, (Open) Turn 1/8 Right – Behind-Side-Cross, Step/Drag Hitch

- 1 & 2 Step (run) back L, R, L on diagonal
- 3 4 Touch R side right; Turn body 1/8 right, opening hips to the right diagonal (all weight on L)
- 5 & 6 Step R behind L; Step L side left (square up to 9:00); Step R in front of L
- 7 8Big step side left onto L while dragging your R with you (7); Hitch your R knee up slightly
(9:00)

Begin Again

Ending: Dance ends on the front (end of 8th wall) on count 31. Take the big step & slide on count 7 and at the same time say, Yeah!

Last Update - 19 Oct. 2019- R2