Begin The Beguine (For Beginners)

級數: Beginner

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音樂: Begin the Beguine - The Limeliters

[1-8] RUMBA BOX TO RIGHT THEN STEP FORWARD

- 1-4 Step right to right side, step left next to right, step forward right, hold.
- 5-8 Step left to left side, step right next to left, step back on left, hold.

[9-16]□□ROCK BACK RECOVER STEP FORWARD, HOLD, LEFT LOCK STEP

- 1-4 Rock back on right, recover onto left, step forward on right, hold.
- 5-8 Step forward left, lock right behind left, step forward left, hold.

[17-24] CREVERSE RUMBA BOX RIGHT THEN STEP BACK

- 1-4 Step right to right side, step left next to right, step back on right, hold.
- 5-8 Step left to left side, step right next to left, step forward on left, hold.

[25-32] CROCK FORWARD RECOVER STEP BACK, HOLD, LEFT LOCK STEP BACK

- 1-4 Rock forward on right, recover on left, step back on right, hold.
- 5-8 Step back on left, lock right across left, step back on left, hold.

[33-40] CISSOR STEPS RIGHT & LEFT W/HOLDS

- 1-4 Rock right out to right side, step left next to right, cross right over left, hold.
- 5-8 Rock left out to left side, step right next to left, cross left over right, hold.

[41-48] STEP TOGETHER W/1/4 TURN RIGHT. STEP LOCK STEP FORWARD

- 1-4 Step right to right side, step left next to right, step forward right making 1/4 turn right, hold.
- 5-8 Step forward on left, lock right behind left, step forward on left, hold.

[49-56] CROCK RECOVER W/1/4 TURN RIGHT, STEP LOCK STEP FORWARD

- 1-4 Rock forward on right, recover on left, step forward as you turn 1/4 turn right, hold.
- 5-8 Step forward on left, lock right behind left, step forward on left, hold.

[57-64]□□ROCKING CHAIR, JAZZ BOX W/CROSS□

- Rock forward on right, rock back on left, rock back on right, rock forward on left. 1-4
- 5-8 Cross right over left, step back on left, step right to right side, cross left over right.

TAG: There is an 8-count tag after the third time around. Do the following: Two scissor steps-one right and one left w/holds.

May You Always Dance Like No One Is Watching

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拍數: 64

牆數: 2