

Old Time Rock & Roll

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Anna Korsgaard (DK) - February 2017
音樂: Old Time Rock & Roll - Michael Bolton



Intro: 16 count

Sec.: 1. Forward Rock, Triple ½ turn x 2, Back Rock

1 - 2 Rock fwd. on Right, Recover on Left.
3 & 4 Triple Right, Left, Right in place turning ½ to the Right. (06:00)
5 & 6 Triple Left, Right, Left in place turning ½ to the Right. (12:00)
7 - 8 Rock Back on Right, Recover on Left.

Sec.: 2. Right Side Chasse, Back Rock, Left Side Chasse, Behind ¼ turn Left

1 & 2 Step Right to Right, Step Left beside Right, Step Right to Right.
3 - 4 Rock back on Left, recover on Right.
5 & 6 Step Left to Left, Step Right beside Left, Step Left to Left.
7 - 8 Step Right behind Left, Make a 1/4 turn Left by stepping Left Fwd. (09:00)

Sec.: 3. Kick Ball change x 2 Cross Point x 2

1 & 2 Kick Right fwd. Step ball of Right beside Left. Step Left in place.
3 & 4 Kick Right fwd. Step ball of Right beside Left. Step Left in place.
5 - 6 Cross Right over Left, Point Left to Left side.
7 - 8 Cross Left over Right, Point Right to Right Side.

Sec.: 4. Paddle Turn Left x 2, Jazzbox

1 - 2 Step fwd. Right, make ¼ turn Left. (use your hips to paddle)
3 - 4 Step fwd. Right, make ¼ turn Left. (03:00)
5 - 6 Cross Right over Left, Step back on Left.
7 - 8 Step Right to Right side, Step fwd. on Left.

Repeat

Enjoy and have fun, it makes you happy.

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