

Absolute Beginner Rumba

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Shanthie De Mel (AUS) - January 2016
音樂: I Just Want to Dance With You - George Strait



Start on Lyrics. No Tags or Restarts. Right Rotation. Rumba rhythm throughout - Quick-Quick-Slow. Optional - Hip movement.

(1-8) ROCK FORWARD. RECOVER. BACK. HOLD. ROCK BACK. RECOVER. FORWARD. HOLD.

1, 2, 3, 4 Rock R forward. Recover L. Step R back. Hold.
5, 6, 7, 8 Rock L back. Recover R. Step L forward. Hold. (12:00)

(9-16) ROCK ACROSS. RECOVER. SIDE. HOLD. X2

1, 2, 3, 4 Rock R across L. Recover L. Step R to right. Hold.
5, 6, 7, 8 Rock L across R. Recover R. Step L to left. Hold. (12:00)

(17-24) FORWARD. LOCK. FORWARD. HOLD. X2

1, 2, 3, 4 Step R diagonally forward. Lock L behind R. Step R diagonally forward. Hold.
5, 6, 7, 8 Step L diagonally forward. Lock R behind R. Step L diagonally forward. Hold. (12:00)

(25-32) SIDE. TOGETHER. BACK. HOLD. SIDE. TOGETHER. 1/4 TURN RIGHT. HOLD.

1, 2, 3, 4 Step R to right. Step L together. Step R back. Hold.
5, 6, 7, 8 Step L to left. Step R together. Turning 1/4 right (3:00) step L to side. Hold. (3:00)

Begin Rotation again.

Last Update: 12 Jan 2025