How Would You Feel



拍數: 48 牆數: 2 級數: Intermediate 編舞者: Gemma Ridyard (UK) & Lyn Ridyard (UK) - February 2017

音樂: How Would You Feel (Paean) - Ed Sheeran



NO TAGS OR RESTARTS

S1: Basic Nightclub R, ¼ Right, 1 ½ Triple Full Turn Back, Step Turn Step, R Mambo Step		
1,2&	Take a big step to R side, Rock the LF Behind R, Replace weight forward to RF	
3,4,&	¼ turn R step back on LF, turn ½ R step RF forward, turn ½ R step LF back	
5,6&7	turn ½ R step RF forward, Step LF forward pivot ½ turn right, step LF forward	
8&1	Rock weight forward onto RF, step RF back	

S2: Cross Back Side, Cross Back Side, L Back Rock ½, ¼ Chasse R		
2&3	Cross LF over right, step RF back, step LF to side	
4&5	Cross RF over Left, step LF back, step RF to side	
6&7	Rock LF Back, Replace weight to RF, Turn ½ turn right step back on LF	

8&1 turn ¼ right step RF to right side, close Lf next to RF, step RF big side step to the right

(optional styling as you step to the R on count 1 reach right arm up)

S3: X2 L Hitches, Rock To Left, Chasse R, Sailor ½ Left, Run Around Full Turn R			
2&3	hitch L knee contract stomach, hitch L knee contract stomach, rock LF to left side		
4&5	step RF to right side, close LF next to RF step RF to right side		
6&7	cross LF behind right beginning to make ½ turn L, close RF next to L completing ½ turn,		
	Cross LF over RF		
8&1	Turn full turn over R shoulder run around turn (R,L,R) RF finishes crossed over LF		
(optional styling on counts 2& right arm down to L knee)			

54: L Mambo	Touch back, body Roll, Ball ¼ Step, Rolling Vine R, Arms R L Pull in Hitch L Knee
2&3	Rock LF forward, replace weight to RF, Touch L toe back
4&5	start to body roll (top to bottom) (4) close RF to L (&) turn 1/4 turn L step LF to L side
6&7	turn ¼ turn R step RF forward, turn ½ turn R step RF back, turn ¼ turn R step RF to side (feet finish hip width apart)
8&1	reach R hand forward palm facing forward fingers spread (8), reach L hand forward palm facing forward fingers spread (&), bring both hands into waist fists clenched as you hitch L knee (1)

S5: Side Rock Cross	Side Behind 1/4.	Step Half Press.	Run Back (R.L.R)
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8&1	Step RF back, step LF back, touch R toe back on every front wall as you do the press on 7 the lyrics say 'kiss' bring R band u
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6&7	Step LF forward pivot ½ turn R, press ball of LF forward
4&5	Step RF to R side, step LF behind R, turn ¼ turn R step RF forward
2&3	Rock Lf to L side, replace weight to RF, cross LF over R

(optional styling on every front wall as you do the press on 7 the lyrics say 'kiss' bring R hand up to mouth slowly curl fingers from pinky to thumb hand finishes in a fist)

4&5 step LF behind RF, step RF to R side, cross LF over RF

6 Keeping weight on LF unwind full turn R

7&8& Rock RF to R side, replace weight to LF, Rock RF back, replace weight to LF