New York Jig

拍數: 32

級數: Improver - Line / Contra

編舞者: Sid McLam (USA) - February 2017

音樂: New York Jig - Natalie MacMaster

Intro: 16 counts from the start of music

SIDE SWITCHES, CLAP 2X, HEEL SWITCHES, CLAP 2X

- Touch right toe to side, step right together 1&
- 2& Touch left toe to side, step left together
- 3&4 Touch right toe to side, clap hands twice
- 5& Touch right heel forward, step right together
- 6& Touch left heel forward, step left together
- 7&8 Touch right heel forward, clap hands twice

SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, ½ TURN LEFT

- Step forward on right, step left together, step forward on right 1&2
- 3-4 Rock left forward, recover onto right
- 5&6 Step left back, step right together, step left forward
- 7-8 Step right forward, turn 1/2 left (shift weight to left)

RIGHT CROSS ROCK, SHUFFLE TO RIGHT, LEFT CROSS ROCK, SHUFFLE TO LEFT

- 1-2 Cross rock right over left, recover onto left
- 3&4 Step right to side, step left together, step right to side
- 5-6 Cross rock left over right, recover onto right
- 7&8 Step left to side, step right together, step left to side

HEEL/TOE TOUCHES, SAILOR STEP 2X

- 1-2 Touch right heel forward, touch right toe to side
- 3&4 Cross right behind left, step left to side, step right to side
- Touch left heel forward, touch left toe to side 5-6
- 7&8 Cross left behind right, step right to side, step left to side

BEGIN AGAIN!

TAG / RESTART: After four complete repetitions of dance, tap right heel in place for eight counts, or, just hold for eight counts, then Restart. If doing the dance in contra lines, lines can switch sides on the eight counts by walking forward for four counts and doing two step guarter pivot turns to the left for the remaining four counts.

NOTE: This dance can be done omitting the tag to alternate tunes (i.e., Little Deuce Coupe by Beach Boys, etc.) as well as other Celtic / Irish tunes.

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牆數:2