Happy Friends (P)

拍數: 32

級數: Low Intermediate - Partner Circle

編舞者: Michael Schmidt (DE) - February 2017

音樂: Soggy Bottom Summer (feat. Alan Doyle) - Dean Brody

- Alternative:

Gotta Lot Of Rhythm In My Soul - Niamh Lynn [109 bpm] (03:09) 16 counts () East Bound And Down - Jerry Reed [122 bpm] (02:46) 16 counts (played by local bands) Jose Cuervo - Kimber Clayton [120 bpm] (03:48) 16 counts () Thirty Days - The Tractors [115 bpm] (02:45) 28 counts () Roads We've Never Taken - High Valley [120 bpm] (03:17) 16 counts ()

Info: (Mainsong: 8 counts Intro) Start dancing with Lyrics. Start in Sweetheart Position. Same Footwork except where noted.

[1-8] Heel, Heel, Shuffle R, Heel, Heel, Shuffle L

- 1-2 Dig Right Heel forward twice
- 3&4 Step Right forward, Step Left together, Step Right forward
- 5-6 Dig Left Heel forward twice
- 7&8 Step Left forward, Step Right together, Step Left forward

[9-16] Side, Behind, 1/4 Turn L Coaster Step, Cross Rock, Chasse Side

[9-16]Lady: Cross, 1/4 Turn R Back, Coaster Step, Cross Rock, Chasse Side

- 1-2 M: Step Right side, Cross Left behind Right
- 1-2 L: Cross Right over Left, ¼ Turn right stepping Left back (OLOD)
- 3&4 M: ¼ Turn left stepping Right back, Step Left together, Step Right forward (ILOD)
- 3&4 L: Step Right back, Step Left together, Step Right forward
- 5-6 Cross Left over Right, Recover onto Right
- 7&8 Step Left side, Step Right together, Step Left side

Keep Hands, raise left Arms over Ladies Head, change Hands into Double Hand Hold on count 3, on count 5 (cross) towards each other ending left Shoulder on left Shoulder Arms splayed, release Hands on count 7, Gents Right takes her right Hand

[17-24] Cross Rock (& Clap), Chasse Side 1/4 Turn R (towards each other into Offset Closed Western Pos.), (Start Turn) Full Turn (Lady: 1 1/2 Turn) Clockwise Forward with 6 counts

1-2 Cross Right over Left, Recover onto Left

Style: Clap with your neighbor on count 1 (the Gentleman claps with his left Hand against the Left of the Lady of the next Couple, the Lady with the Gentleman of the Couple dancing in front)

- Alternative: the Gent can tap on the brim of his hat and greet the following Lady

3&4 Step Right side, Step Left together, ¼ Turn right stepping Right forward (M: LOD / L: RLOD) Chasse Turn towards each other into Offset Closed Western Pos. (right Shoulder on right Shoulder) and Start a Full Turn (Ladies 1 ½ Turn) clockwise forward with the next 2 Shuffles followed by 2 further Steps

- 5&6 Start Turn (Shuffle): Step Left forward, Step Right together, Step Left forward
- 7&8 Continue Turn (Shuffle): Step Right forward, Step Left together, Step Right forward

[25-32] Walk, Walk (Finish Turn), Shuffle L, Shuffle R, Shuffle L

[25-32] Lady: 1/4 Turn R (2x) (Finish Turn), Shuffle L, Shuffle R 1/2 Turn L, Shuffle L 1/2 Turn L

- 1-2 M: Finish Full Turn (2 Steps): Step Left forward, Step Right forward (LOD)
- 1-2 L: Finish 1 ½ Turn (2 Steps): ¼ Turn right stepping Left back, ¼ Turn right stepping Right forward (LOD)
- 3&4 Step Left forward, Step Right together, Step Left forward
- 5&6 M: Step Right forward, Step Left together, Step Right forward
- 5&6 L: ¼ Turn left stepping Right side, Step Left together, ¼ Turn left stepping Right back (RLOD)
- 7&8 M: Step Left forward, Step Right together, Step Left forward





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7&8 L: ¹⁄₄ Turn left stepping Left side, Step Right together, ¹⁄₄ Turn left stepping Left forward (LOD) release front Hands (his Left & her Right) and change into Sweetheart Pos. on count 3, release left hands on count 5 and raise right Arms over Ladies Head, return into Sweetheart Pos. on count 8

.... hold your girl, smile & have fun

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