Cry For Me

拍數: 48

級數: High Intermediate waltz

編舞者: Debbie Rushton (UK) - March 2017

音樂: Cry - Faith Hill: (Album: Cry)

Count in: After 24 counts (16 seconds)

L TWINKLE, TWINKLE 1/2 TURN, STEP SHUFFLE, CROSS ROCK SIDE

123 Cross L over R, Rock R out to R side, Step L in place

- 456 Cross R over L. Make ¼ turn R stepping L back, Make ¼ turn R stepping R to R side (6 o clock)
- Step L forward to R diagonal, Angling body to face L diagonal whilst continuing to travel 12 a3 forward to R diagonal Step R to R side, Step L beside R, Straightening body back to R diagonal step R forward (7 o clock)
- 456 Cross rock L over R, Recover weight back onto R, Step L back to L diagonal (straightening up to 6 o clock)

TWINKLE ¼ TURN, TWINKLE ¼ TURN, STEP ½ BACK, BACK ½ STEP

- 123 Cross R over L, Making ¼ turn R step L back, Step R to R side (9 o clock) *** Restart here on 5th wall
- 456 Cross L over R, Making ¼ turn L step R back, Step L to L side (slightly back) (6 o clock)
- 123 Step R forward, Make ¹/₂ turn R stepping L back, Step R back (12 o clock)
- Step L back, Make ¹/₂ turn R stepping R forward, Step L forward (6 o clock) 456

ROCK RECOVER BACK, BACK DRAG HOOK, STEP ¼ TURN, CROSS ¼ TURN ½ TURN

- 123 Rock R forward, Recover back onto L, Step R back
- 456 Step L back, Drag R back towards L, Hook R foot slightly across L shin
- 123 Step R forward, Step L forward, Pivot ¼ turn R taking weight onto R (9 o clock)
- 456 Cross L over R, Make ¼ turn L stepping R back, Make ½ turn L stepping R forward (12 o clock)

1/4 TURN SIDE DRAG, 1/4 TURN STEP 1/4 TURN, CROSS 1/4 TURN 1/4 TURN, CROSS UNWIND FULL TURN

- 123 Make ¹/₄ turn L stepping R big step to R side, Drag L up beside R over 2 counts (weight stays on R) (9 oclock)
- Make 1/4 turn L stepping L forward, Step R forward, Pivot 1/4 turn L taking weight onto L (3 o 456 clock)
- 123 Cross R over L, Make ¼ turn R stepping L back, Make ¼ turn R stepping R to R side (9 o clock)
- 456 Cross L over R and unwind a full turn R over 2 counts taking weight onto L (4-5), Step R to R side (9 o clock)

TAG

The Tag happens at the end of wall 1 (9 o clock), wall 3 (6 o clock), and wall 6 (12 o clock) Clock directions are based on the first tag which starts facing 9 o clock DIAMOND MAKING ¾ TURN – CROSS SIDE BACK, BACK SIDE CROSS, CROSS SIDE BACK, BACK **ROCK RECOVER**

123 Cross L over R, Step R to R side, Make 1/8 turn L stepping back on L (7 o clock)

- 456 (Staying on diagonal) Step R back, Make 1/8 turn L stepping L to L side, Step R forward to L diagonal (4 o clock)
- 123 Step L forward to L diagonal, Make 1/8 turn L stepping R to R side, Make 1/8 turn L stepping back on L (1 oclock)
- 456 Step R back, Make 1/8 turn L rocking L out to L side, Recover weight onto R (12 o clock)

RESTART: During wall 5, dance up to count 15 (twinkle ¼ turn) and then restart the dance facing 3 o clock





牆數: 4