Happy People

拍數: 64

牆數:2

級數: Improver

編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2017

音樂: Happy People - Little Big Town Start after 40 count intro on the word 'cheat' - 15 secs - 160bpm - 2mins 47 secs Music Available on Amazon, iTunes [1-8] R box fwd, L together, twist L 2, ¼ R Monterey Step R side, step L together, step R forward, step L together 1-4 5-6 Twist both heels left, twist both toes left to face forward with weight ending on L 7-8 Point R side, turning ¼ right step R together (3 o'clock) [9-16] L point side, L together, R heel/kick, R back, R weave 4 1-4 Point L side, step L together, touch R heel forward or kick forward, step R back 5-8 Cross step L over R, step R side, cross step L behind R, step R side [17-24] L cross strut, ¼ L, R toe strut, L coaster, hold Cross touch L over R, step L down, turning ¼ left touch R back, step R down (12 o'clock) 1-4 5-8 Step L back, step R together, step L forward, hold or scuff R forward [25-32] R fwd lock, hold, L fwd, ¼ R pivot turn, L cross step, hold 1-4 Step R forward, lock L behind R, step R forward, hold 5-8 Step L forward, pivot ¼ right, cross step L over R, hold (3 o'clock) [33-40] R side rock/recover, R back rock/recover, 1/2 L and walk back 3, hold 1-4 Rock R side, recover weight on L, rock R back, recover weight on L 5-8 Turning ¹/₂ left step R back, step L back, step R back, hold (9 o'clock) [41-48] L rock back/recover, L side rock/recover, L jazz box, R fwd Rock L back, recover weight on R, rock L side, recover weight on R 1-4 5-8 Cross step L over R, step R back, step L side, step R forward [49-56] L fwd lock step scuff, 1/4 L to R & L step touches Step L forward, lock R behind L, step L forward, scuff R forward 1-4 5-8 Turning ¼ left step R side, touch L together, step L side, touch R together (6 o'clock) [57-64] R fwd, ½ L pivot turn, ½ L stepping R back, sweep L front to back, L coaster cross 1-4 Step R forward, pivot ½ left, turning ½ left step R back, sweep L front to back (6 o'clock) 5-8 Step L back, step R together, cross step L over R, hold TAG: At end of wall 2 facing front wall dance following 16 count tag & restart: [1-8] R fwd toe strut, L fwd toe strut, R rocking chair 1-4 Touch R toes forward, step R heel down, touch L toes forward, step L heel down (Take small steps so you do not travel too far forward) Rock R forward, recover weight on L, rock R back, recover weight on L 5-8 [9-16] R fwd toe strut, L fwd toe strut, R jazz box cross Touch R toes forward, step R heel down, touch L toes forward, step L heel down 1-4 (Take small step so you do not travel too far forward)

5-8 Cross R over L, step L back, step R side, cross L over R

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