No Name



拍數: 48 牆數: 1 級數: Improver Contra

編舞者: Bigmama (IT) - April 2017

音樂: Outlaws Aren't Wanted Anymore (Jackson Taylor)



Alt. music:-

I'm a rambling man (Wylon Jennigs) Are you shure hank done it this way (Wylon Jennings) John John (Roberto Ghisoli – Rodeo Fish)

S1: SHUFFLE FORWARD (2), SHUFFLE BACK (2)

1&2	right step forward, left foot beside right, right step forward
3&4	left step forward, right foot beside left, left step forward
5&6	right step back, left foot beside right, right step back
7&8	left step back, right foot besadi left, left back

S2: STEP, HEEL SWIVELS, STEP, HEEL SWIVELS, JAZZ BOX, 1/4 TURN RIGHT

1&2	step right forward, both heels out, back heels to center
3&4	step left forward, both heel out, back heels to center

5-8 cross right over left, step back on left, turning ¼ to right step to the right on right, step left foot

next to right

S3: RIGHT SAILOR STEP, LEFT SAILOR STEP, TOE SWITCHES, KICK

1&2	cross right behind left, side left, side right (weight on the right foot)
3&4	cross left behind right, side right, side left (weight on the left foot)

&5 touch right toe to right side

&6 back to center with a hop next to right foot touch left toe to left side

&7-8 back to center with a hop next to right foot touch right toe to the right, low kick right forward

S4: CROSS, STEPS, ½ TURN RIGHT, TOE SWITCHES, KICK

1-2	cross right on le	eft, left step	diagonal f	orward to left

3-4 right step to right turning ¼ to right, step left to left turning ¼ to left

&5 touch right toe to right side

&6 back to center with a hop next to left foot touch left toe to left side

&7-8 back to center with a hop next to the right foot touch right toe to right, low kick right forward

S5: CROSS, STEP, 1/4 TURN LEFT, STOMPS, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-2	cross right foot on left	. step left to lef	t turnina ¼ to left

3-4 stomp right, stop left

5&6 cross right behind left, side left, side right 7&8 cross left behind right, right, side left

S6: SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT, SYNCOPATED HOPS

1&2	right step back, left beside right, right back
3&4	left step back, right beside left, left back
&5	right step forward, left next to right
&6	right step back, left next to right
&7	right step forward, left next to right
&8	right step forward, left next to right

Repeat and enjoy!

Contact: www.italiancountryfamily.com - marilu.teseo@alice.it

