

Tenderness

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cati Torrella (ES) - August 2012
音樂: Mama Taught Me Love - Donny Parenteau



Intro 32 beats.

[1-8]: WALK, WALK, STEP, ½ TURN, STEP

- 1-2 Slow □ Step RF forward
- 3-4 Slow □ Step LF forward
- 5 Quick □ Step RF forward
- 6 Quick □ ½ turn to left (weight on LF)
- 7-8 Slow □ Step RF forward

[9-16]: WALK, WALK, STEP, ¼ TURN, CROSS

- 1-2 Slow □ Step LF forward
- 3-4 Slow □ Step RF forward
- 5 Quick □ Step LF forward
- 6 Quick □ ¼ turn to right (weight on RF)
- 7-8 Slow □ Cross LF over RF

[17-24]: SIDE, TOGETHER, SIDE-TOGETHER-SIDE

- 1-2 Slow □ Step RF to right side
- 3-4 Slow □ Step LF together
- 5 Quick □ Step RF to right side
- 6 Quick □ Step LF together
- 7-8 Slow □ Step RF to right side

[25-32]: ROCK FORWARD, ROCK SIDE, COASTER STEP

- 1 Quick □ Rock forward on LF
- 2 Quick □ Recover weight on RF
- 3 Quick □ Rock LF to left side
- 4 Quick □ Recover weight on RF
- 5 Quick □ Step back on LF
- 6 Quick □ Step back on RF, together
- 7-8 Slow □ Step forward on LF

START AGAIN

Tag / ReStarts :

On 6th wall, do counts 1 to 16, and then start 7th wall looking at 6:00h)

On 13th wall, do 1 to 16 counts, and then :

[17-24] : SIDE, TOGETHER, SIDE-TOGETHER

- 1-2 Slow □ Step RF to right side
- 3-4 Slow □ Step LF together
- 5-6 Slow □ Step RF to right side
- 7-8 Slow □ Step LF together

Finishing with weight on LF, and start 14th wall looking at 9 :00h

Hope you enjoy this fantastic music !

