

# Cold

拍數: 80      牆數: 4      級數: Phrased High Improver  
編舞者: Monica Suzor (MUS) - April 2017  
音樂: Cold (feat. Future) - Maroon 5



**Intro: 4 counts (St on vocals). Start with weight on L foot.**

**Sequence: A x 2 , TAG, B, A, C, C 16, TAG, B, A, C x 2, TAG, B, C x 3, TAG**

**TAG (1 count) - (each time on the word "COLD"): Stomp R Foot (weight on L) (optional styling: raise right fist and touch heart)**

## **SECTION A: 16 COUNTS**

**A1: [1-8] Side, Hold, Rock Back, Recover , Side, Hold, 1/4 RT Rock Back, Recover**

1,2      Big Step R to R, Hold (drag L ft to R)  
3,4      Rock L behind R, Recover R  
5,6      Big Step L to L, Hold (drag R ft to L)  
7,8      1/4 Turn R Rock R behind L, Recover L

**A2 : [9-16] Reverse Rumba Box**

1-4      Step R to R, step L next to R, step back on R, Hold  
5-8      Step L to L, step R next to L, step forward on L, Hold

## **SECTION B: 32 COUNTS**

**B1 (1-8): Walk, Walk, Heel, Heel, Back, Back, Back, Touch**

1-4      Step forward on R, Step forward on L, Dig R heel forward twice  
5-8      Step back R, L, R, Touch L next to R

**B2 (9-16): Walk, Walk, Heel, Heel, Back, Back, Back, Touch**

1-4      Step forward on L, Step forward on R, Dig L heel forward twice  
5-8      Step back L, R, L, Touch R next to L

**B3 (17-24): Side, Hold, Ball-Side, Touch, x 2**

1-2, &3, 4      Step R to R side (1), Hold (2), quick ball step L next to R (&), step R to R side (3), touch L next to R (4) (Styling: Swing hips)  
5-6, &7, 8      Step L to L side (5), Hold (6), quick ball step R next to L (&), step L to L side (7), touch R next to L (8) (Styling: Swing hips)

**B4 (25-32): V step, Hip roll CCW**

1-4      Step forward and out on R & L, Step back and in on R & L (weight on L)  
5-8      Hip roll CCW (Ball of R ft in place) (weight on L)

## **SECTION C: 32 COUNTS**

**C1: [1-8] Samba Whisk RL, Volta 1/2 R Arch**

1&2      Step R to R, Rock L behind R, Recover R  
3&4      Step L to L, Rock R behind L, Recover L  
5&6&      ¼ turn R, RF slightly forward (5), Lock LF behind R(&), ¼ turn R, RF slightly forward (6), Lock LF behind R (&)  
7&8      RF slightly forward (7), Lock LF behind R (&), RF slightly forward (8)

**C2: [9-16] Samba Whisk LR, Volta 1/2 L Arch**

1&2      Step L to L, Rock R behind L, Recover L  
3&4      Step R to R, Rock L behind R, Recover R

- 5&6&      ¼ turn L, LF slightly forward (5), Lock RF behind L(&), ¼ turn L, LF slightly forward (6), Lock RF behind L (&)
- 7&8      LF slightly forward (7), Lock RF behind L (&), LF slightly forward (8)

**C3: [17-24] Cross Bota Fogo x2, Stationary Samba Walks**

- 1&2      Step R across L, Step L to L, Recover R
- 3&4      Step L across R, Step R to R, Recover L
- 5&6      Step R forward, Rock L back (ball of ft), Recover back onto R (small slide R ft back).
- 7&8      Step L forward (in alignment with R), Rock R back (ball of ft), Recover back onto L (small slide L ft back)

**C4: [25-32] Cross Bota Fogo x2, Stationary Samba Walks**

- 1&2      Step R across L, Step L to L, Recover R
- 3&4      Step L across R, Step R to R, Recover L
- 5&6      Step R forward, Rock L back (ball of ft) , Recover back onto R (small slide R ft back).
- 7&8      Step L forward (in alignment with R), Rock R back (ball of ft), Recover back onto L (small slide L ft back)

**Note: Dance ends facing 12 o'clock.**

**Last update3: 16.4.2017**

---