

A Better Man

拍數: 32 牆數: 4 級數: Intermediate
 編舞者: Carol Cotherman (USA) - April 2017
 音樂: Better Man - Little Big Town



Choreographed especially for my dancing friend, Karen! Thanks for suggesting this song!

#16 –count intro once rhythm kicks in

Sequence: 32, Tag 1, 32, Tag 2, 32, Tag 1 & 2, 32, Tag 1, 26, 32, 32, 15

S1: Scuff, Step, Scuff, Step, Scuff, Step, Lock, Step, Scuff, Mambo ½, Full Turn, Scuff

&1&2& Scuff right forward, step right forward, scuff left forward, step left forward, scuff right forward

3&4& Step right forward, lock left behind right, step right forward, scuff left forward

5&6 Rock left forward, recover to right, ½ turn left stepping left forward

7-8& ½ Turn left stepping right back, ½ turn left stepping left forward, scuff right forward (6:00)

(Non—turning option: Replace full turn with walk, walk)

S2: Step, Lock, Step, Scuff, Rock, Recover, ¼ Turn, Cross, Side, Behind, Sweep, Behind, Side, Forward, Together

1&2& Step right forward, lock left behind right, step right forward, scuff left forward

3&4 Rock left forward, recover to right, ¼ turn left stepping left to side (3:00)

5&6& Cross right over left, step left to side, step right behind left, sweep left from front to back

7&8& Step left behind right, step right to side, step left forward, step right together

S3: Step, Tap, Step, Kick, Coaster Step, Scuff, Step, Lock, Step, Scuff, Step, ¼ Turn Cross

1&2& Step left forward, tap right behind left, step right back, kick left forward

3&4& Step left back, step right beside left, step left forward, scuff right forward

5&6& Step right forward, lock left behind right, step right forward, scuff left forward.

7&8 Step left forward, 1/4 turn right taking weight to right, cross left over right (6:00)

S4: Basic NC2 Step (2X), Side, Behind, ¼ Turn, Step, ½ Turn, Step

1-2& Big step to right on right, rock left behind right, recover on right

3-4& Big step to left on left, rock right behind left, recover on left

5-6& Big step to right on right, step left behind right, ¼ turn right stepping forward on right

7&8 Step left forward, ½ turn right taking weight to right, step slightly forward on left (3:00)

Tag 1 – 16 counts

Twinkle Step, Twinkle Step, ½ Turning Twinkle Step, Prissy Walks (3X)

1&2 Cross right over left, step left to side, step right beside left

3&4 Cross left over right, step right to side, step left beside right

5&6 Cross right over left, ¼ turn right stepping left back, ¼ turn right stepping right beside left

7&8 Cross left slightly across right, cross right slight across left, cross left slightly across right

(Execute with knees slightly bent and some twisting at the waist)

Repeat these 8 counts for counts 9-16 of Tag 1.

Tag 2 – 4 counts

Full Walk-Around with Scuffs & Steps

&1&2&3&4 ¼ Turn left scuffing right, step right forward, ¼ turn left scuffing left forward, step left forward,

¼ turn left scuffing right forward, step right forward, ¼ turn left forward, step left forward

(Make these turns as a smooth walk-around.)

Restart on Wall 5: Wall 5 begins facing 12:00. Dance through count 25.

Change count 26 from “rock left behind right” to “step left beside right” and Restart the dance facing 6:00.

Ending: Final wall (8) begins facing 12:00. Dance 14 counts. On count 15, turn $\frac{1}{4}$ turn left stepping left forward. You'll be facing 12:00 to end the dance!

*Note about scuffs: Other than the scuffs in the first 8 counts of the main dance and Tag 2, the rest of the scuffs can be very subtle or even omitted if desired.

Last Update - 20th April 2017
