Every Cloud (Has A Silver Lining)



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Adrian Churm (UK) - April 2017 音樂: Thank God for Pain - Big & Rich



Sec 1: □forward, cross, back, side, back rock, recover, ¼ turn, hitch turn, side rock.

1	Sten	riaht	foot	forward.
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2&3 Cross left foot over right, step right foot back, step left foot to the side.

4&5 Rock right foot back behind left, recover on to left, ¼ turn right step right forward.

4 turn right hitch left knee, step left across right, step right to the side, step left across right.

8& Rock right foot to the side, recover onto left,

Sec 2: ☐ Step behind, sweep into sailor ¼ turn, ¼ turn, step across, ¾ turn right, forward rock.

Step right behind left, sweep left around to the left side (preparing for the sailor ¼ turn)

Making a ¼ turn left stepping left behind right, step right to the side, small step forward left.

4&5 Step forward right, ¼ turn left, step right across left

6&7 ½ turn right left foot back, ½ turn right step right foot forward, step left foot forward.

8& Rock right foot forward, recover back onto left.

Sec 3: Step back, run back, coaster step, scissor step, start reverse rumba box with turn

1 Large step back with right (allow left to draw in slightly).

2&3 Run back left, right, left (small steps)

4&5 Step right foot back, close left next to right, step right foot forward.

6&7 Step left foot to the side, close right next to left, step left foot across right

8&1 Step right foot to the side, close left next to right, 1/8th turn left step right foot back.

Sec 4: □Continue rumba box with turn, triple turn, rock recover, ¼ turn, ½ turn hook, shuffle.

Step left foot to the side, close right next to left, 1/8th turn left step left foot forward.

Step right foot forward, ½ turn left (weight ends on left), ½ turn left right foot ends back.

Rock left foot back, recover forward onto right, ¼ turn right left foot to the side. %8&1 ½ turn right as you hook right across left shin, shuffle forward right, left, right.

Note the last step is also the first step of the dance.

Tags: - after counts 8&1 of section 4

End of wall 2

2&3 Rock forward onto left, recover back onto right, step left foot back .
4&5 Step right foot back, close left to right , step right foot forward.

6 Step left foot forward.

1 &2 Rock forward onto right, recover back onto left, step right foot back.
3&4 Rock back onto left, recover forward onto right, step forward left.

End of wall 4 and 6

2&3 Rock forward onto left, recover back onto right, step left foot back .
4&5 Step right foot back, close left to right , step right foot forward.

6 Step left foot forward.