

My Girl

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cati Torrella (ES) - August 2012
音樂: My Girl - Donny Parenteau



Intro: 32 beats

[1-8]: RIGHT TOE FAN x2, HEEL TOUCH - TOE TOUCH x2

- 1 Open the right toe to right side (without traslation)
- 2 Come back the right toe to center
- 3 Open the right toe to right side (without traslation)
- 4 Come back the right toe to center
- 5 Touch Left Heel forward
- 6 Touch Left foot beside Right
- 7 Touch Left toe to left side
- 8 Step Left foot beside right

[9-16]: R GRAPEVINE, TOUCH, L GRAPEVINE, SCUFF

- 1 Step Right foot to right side
- 2 Step Left foot behind right
- 3 Steo Right foot to right side
- 4 Touch Left foot beside Right
- 5 Step Left foot to left side
- 6 Step Right foot behind left
- 7 Step Left foot to left side
- 8 Scuff Right foot

[17-24]: JAZZ BOX ¼ TURN, TOE TOUCH R&L

- 1 Cross Right Foot over Left
- 2 Step Left Foot back
- 3 ¼ Turn right and Step Right Foot to right side
- 4 Step Left Foot forward
- 5 Touch Right Toe to right side
- 6 Step Right Foot beside Left
- 7 Touch Left Toe to left side
- 8 Step Left Foot beside Right

***Option: You can do a the jazz box without turn, and it becomes a 2 wall line dance for a beginner dancers**

[25-32]: R LOCK STEPS FORWARD, HOLD, L STEP, ½ TURN, STEP, HOLD

- 1 Step forward Right Foot
- 2 Step forward Left Foot, lock behind Right
- 3 Step Forward Right Foot
- 4 Hold
- 5 Step forward Left Foot
- 6 ½ Turn to right, weight on Right
- 7 Step Left Foot beside Right
- 8 Hold

START AGAIN