

# You're My Remedy

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Fred Whitehouse (IRE) - April 2017  
音樂: The Remedy - Josh Krajcik



Intro – 24 counts (15 seconds from start of track)

**S1: Twinkle, cross, ¼ turn L x2**

1-3      Step R over L, step L to L side, step R forward diagonal  
4-6      Cross L over R, ¼ turn L stepping R back, ¼ turn L stepping L to L side

**S2: Lunge, recover, ¼ turn R, step forward leg raise**

1-3      Cross rock R over L, recover on L, ¼ turn R step R forward 9.00  
4-6      Step L forward, kick R forward, hold (slowly rise R leg over 2 counts)

**S3: Step back, ¼ turn L x2, step forward, ½ turn sweep**

1-3      Step R back, ¼ turn L stepping L to L side, ¼ turn L stepping R forward 3.00  
4-6      Step L forward, make ½ turn L sweeping R over 2 counts 9.00

**S4: Twinkle x2 (full turns x2)**

1-3      Step R over L, step L to L side, step R forward diagonal  
4-6      Step L over R, step R to R side, step L forward diagonal

(Option: instead for these 2 twinkles, add 2 full turns, 1 over the right shoulder, 1 over the left shoulder)  
Restart here, during walls 3, and 6

**S5: Diamond fall away making ¼ turn R, weave**

1-3      Step R over L, step L to L side, 1/8 turn R stepping R back diagonal  
4-6      Step L back, 1/8 turn R stepping R to R side, cross L over R 12.00

**S6: Pas de valse x2 (side back rocks x2)**

1-3      Step R to R side, rock L behind R, recover weight on R  
4-6      Step L to L side, rock R behind L, recover weight on L

**S7: ¼ turn R, ½ turn R hitch, point, full monetary point, hold**

1-3      ¼ turn R stepping R forward, ½ turn R pointing L to L side (hitch L as you pivot ½ turn R)  
4-6      Full turn L closing L beside R, point R to R side, hold (option: cross L over R, point hold)

**S8: Weave, sway x3**

1-3      Cross R over L, step L to L side, step R behind L  
4-6      Step L to L side as you sway L, sway R, sway L

Enjoy

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