

拍數: 32 牆數: 4 級數: Improver

**編舞者:** Rob Fowler (ES) & Darren Bailey (UK) - May 2017

音樂: Win - Cat Beach

#### Intro: 16 counts, Start on the lyric 'Blows'

# Walk R, L, Shuffle forward, Rock, Recover, Shuffle 1/2 turn L

- 1-2 Step forward on RF, Step forward on LF
- 3&4 Step forward on RF, Close LF next to RF, Step forward on RF
- 5-6 Rock Forward on LF, Recover onto RF
- 7&8 Make a ¼ turn L and step LF to L side, Close RF next to LF, Make a ¼ turn L and step forward on LF

#### Hip Bumps R, L, Stomp, Hold, Shuffle forward

- 1-2 Touch RF forward and bump hip to the R, Step down onto RF
- 3-4 Touch LF forward and bump hip to L, Step down onto LF
- 5-6 Stomp RF forward (R hand forward, L hand back, Palms facing down), Hold
- 7&8 Step forward on LF, Close RF next to LF, Step forward on LF

#### 1/4 turn L, Cross shuffle, Hinge turn R, Cross shuffle

- 1-2 Step forward on RF, Make a ¼ turn LF
- 3&4 Cross RF over LF, Step LF to L side, Cross RF over LF
- 5-6 Make a ¼ turn R and step back on LF, Make a ¼ turn R and step RF to R side
- 7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

#### TAG 3 happens here on wall

# Side rock, Behind, Side, Cross, Switches

- 1-2 Rock RF to R side, Recover onto LF
- 3&4 Cross RF behind LF, Step LF to L side, Cross RF over LF
- 5&6& Point LF to L side, Step LF next to RF, Point RF to R side, Step RF next to LF
- 7&8 Touch L heel forward, Close LF next to RF, Touch RF next to LF

# TAG 1,2 Happen and the end of walls 3, 7:

- 1&2& Stomp RF forward, Hook LF behind RF (slapping LF with R hand), Step back on LF, Hook RF in front of LF
- 3&4 Step forward on RF, Clap hands x2

#### TAG 3 Happens after 16 counts of wall 9:

- 1-2 Stomp LF forward (R hand forward, L hand back, Palms facing down), Hold
- 1&2& Stomp RF forward, Hook LF behind RF (slapping LF with R hand), Step back on LF, Hook RF in front of LF
- 3&4 Step forward on RF, Clap hands x2

# Hope you enjoy the dance.

# Live to Love; Dance to Express.