



拍數: 32 **牆數**: 4 **級數**: Improver

編舞者: Rob Fowler (ES) & Darren Bailey (UK) - May 2017

音樂: Win - Cat Beach



Intro: 16 counts, Start on the lyric 'Blows'

Walk R, L, Shuffle forward, Rock, Recover, Shuffle 1/2 turn L

1-2 Step forward on RF, Step forward on LF

3&4 Step forward on RF, Close LF next to RF, Step forward on RF

5-6 Rock Forward on LF, Recover onto RF

7&8 Make a ¼ turn L and step LF to L side, Close RF next to LF, Make a ¼ turn L and step

forward on LF

Hip Bumps R, L, Stomp, Hold, Shuffle forward

Touch RF forward and bump hip to the R, Step down onto RF
Touch LF forward and bump hip to L, Step down onto LF

5-6 Stomp RF forward (R hand forward, L hand back, Palms facing down), Hold

7&8 Step forward on LF, Close RF next to LF, Step forward on LF

1/4 turn L. Cross shuffle, Hinge turn R. Cross shuffle

1-2 Step forward on RF, Make a ¼ turn LF

3&4 Cross RF over LF, Step LF to L side, Cross RF over LF

5-6 Make a ¼ turn R and step back on LF, Make a ¼ turn R and step RF to R side

7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

TAG 3 happens here on wall

Side rock, Behind, Side, Cross, Switches

1-2 Rock RF to R side, Recover onto LF

3&4 Cross RF behind LF, Step LF to L side, Cross RF over LF

5&6& Point LF to L side, Step LF next to RF, Point RF to R side, Step RF next to LF

7&8 Touch L heel forward, Close LF next to RF, Touch RF next to LF

TAG 1,2 Happen and the end of walls 3, 7:

1&2& Stomp RF forward, Hook LF behind RF (slapping LF with R hand), Step back on LF, Hook

RF in front of LF

3&4 Step forward on RF, Clap hands x2

TAG 3 Happens after 16 counts of wall 9:

1-2 Stomp LF forward (R hand forward, L hand back, Palms facing down), Hold

1&2& Stomp RF forward, Hook LF behind RF (slapping LF with R hand), Step back on LF, Hook

RF in front of LF

3&4 Step forward on RF, Clap hands x2

Hope you enjoy the dance.

Live to Love; Dance to Express.