

Ngundho Layangan

拍數: 104 牆數: 2 級數: Intermediate
編舞者: Juli Santoso Pikir (INA) - May 2017
音樂: Ngundho Layangan by Ki Narto Sabdo.



Sequence: [S-1 ... S-13 Tag, S-1 ... S-13 Tag, S-1 ... S-13 Tag], ending

S-1. Forward shuffle diagonal, backward shuffle diagonal

1&2 forward shuffle diagonal on : R,L,R
3&4 forward shuffle diagonal on : L,R,L
5 6 backward diagonal on : R, hip L
7 8 backward diagonal on : L, hip R

S-2. Syncopated 360o R, mambo backward

1&2&3&4 turn R 360o , step R forward - step L next to R
5&6 rock L backward - recover R - step L next to side R
7&8 rock R backward - recover L - step R next to side L

S-3. Forward shuffle diagonal, mambo forward, mambo backward

1&2 forward shuffle diagonal on : L,R,L
3&4 forward shuffle diagonal on : R,L,R
5 6 backward diagonal on : L, hip R
7 8 backward diagonal on : R, hip L

S-4. Syncopated 360o L, mambo backward

1&2&3&4 turn L 360o , step L forward - step R next to L
5&6 rock R backward - recover L - step R next to side L
7&8 rock L backward - recover R - step L next to side R

S-5. Syncopated forward, pivot, syncopated forward

1&2&3&4 syncopated to R : step R forward - step L next R
5&6&7&8 pivot ½turn L, syncopated to L, step L forward-step R next L

S-6. Side recover, Chasse, Side recover, Chasse

1 2 step R to R side - recover L
3&4 step R to R side - step L next to R - step R to side
5 6 step L to L side - recover R
7&8 step L to L side - step R next to L - step L to side

S-7. Syncopated side L, R

1&2&3&4 step R cross over L - L next to R
5&6&7&8 step L cross over R - R next to L

S-8. Unwind ½ R, mambo R, L, R forward

1 2 step R cross behind L unwind ½ R – body weight on L
3&4 step R to side R - recover L - step R next to L
5&6 step L to side L - recover R - step L next to R
7&8 rock R forward - recover L - step R next to L

S-9. Syncopated side R, L

1&2&3&4 step L cross over R - R next to L (4 count)
5&6&7&8 step R cross over L - L next to R (4 count)

S-10. Unwind ½ L, mambo L, R, L forward

1 2 step L cross behind R unwind ½ L – body weight on R
3&4 step L to side L - recover R - step L next to R
5&6 step R to side R - recover L - step R next to L
7&8 rock L forward - recover R - step L next to R

S-11. Side recover, Chasse, Side recover, Chasse

1 2 step R to R side - recover L

3&4 step R to R side - step L next to R - step R to side

5 6 step L to L side - recover R

7&8 step L to L side - step R next to L - step L to side

S-12. Forward recover, backward cross over, backward recover,

1 2 step R forward - recover L

3&4 step R backward - step L cross over R - step R backward

5 6 step L backward - recover R

7&8 step L forward - step R back cross over L - step L forward

S-13. Side recover, cross shuffle, turn ½ R-L back, cross shuffle

1 2 step R - to side R - recover L

3&4 cross shuffle R to L

5 6 (turn ½ R) - L step back - step to R side R

7&8 cross shuffle L to R

Tag : step sway R, L (2 count)

Repeats 3X

Ending : 1&2□: forward shuffle diagonal on : R,L,R

3&4 forward shuffle diagonal on : L,R,L

5&6 forward shuffle diagonal on : R,L,R

7&8 forward shuffle diagonal on : L,R,L

Contact: julipikir.upn@gmail.com
