Over At Fannie Mae's

拍數: 48

級數: Absolute Beginner

編舞者: Aline Goodman (USA) - September 2016

音樂: Over At Fannie Mae's - Charles Wilson : (amazon)

S1: WALK FORWARD ON RIGHT AND KICK; WALK BACK ON LEFT AND TOUCH

- 1-4 Walk forward right, left, right and kick left
- 5-8 Walk back left, right, left and touch right

S2: WALK FORWARD ON RIGHT AND KICK; WALK BACK ON LEFT AND TOUCH

- 1-4 Walk forward right, left, right and kick left
- 5-8 Walk back left, right, left and touch right

S3: WALK TO RIGHT, TOUCH, WALK TO LEFT, TOUCH

- 1-2 Turn slightly right and step right to side, cross left over right
- 3-4 Step right to side, touch left toe beside right
- 5-6 Turn slightly left and step left to side, cross right over left
- 7-8 Step left to side and touch left toe beside right

Note: Vines right and left may be substituted in this section.

S4: STEP AND SLIDE (DRAG) RIGHT AND LEFT

- 1-4 Step on right and drag left foot to right, touch (4 counts)
- 5-8 Step on left and drag right foot to left, touch (4 counts)

S5: FULL TURN TO THE LEFT

- 1-2 Step right forward and make a quarter turn to the left
- 3-4 Step right forward and make a quarter turn to the left
- 5-6 Step right forward and make a quarter turn to the left
- 7-8 Step right forward and make a quarter turn to the left

Note: Rocking Chair for 8 counts may be substituted in this section

S6: HIP DIPS - RIGHT-LEFT-RIGHT-LEFT

- 1-2 Dip hips to the right and hold
- 3-4 Dip hips to the left and hold
- 5-6 Dip hips to the right and hold
- 7-8 Dip hips to the left and hold

START OVER

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牆數:1