Tick Tick Boom

拍數: 80

級數: Phrased High Intermediate

編舞者: Debbie Rushton (UK), Tim Johnson (UK) & Jean-Pierre Madge (CH) - May 2017 音樂: Stay - Zedd & Alessia Cara

Count In: After 32 counts (on lyrics)

SEQUENCE: AA BCC Tag AA BCC ABC

PART A: 32 counts

A1: SIDE BACK ROCK, SIDE BACK ROCK, VOLTA FULL TURN R

- 1 a2 Step R to R side, Rock L behind R, Recover weight forward onto R
- 3 a4 Step L to L side, Rock R behind L, Recover weight forward onto L
- 5&6&7&8 Make a full turn over R shoulder stepping R L R L R L R

A2: SIDE BACK ROCK, SIDE BACK ROCK, VOLTA FULL TURN L (Repeat above 8 counts on L foot)

- 1 a2 Step L to L side, Rock R behind L, Recover weight forward onto L
- 3 a4 Step R to R side, Rock L behind R, Recover weight forward onto R
- 5&6&7&8 Make a full turn over L shoulder stepping L R L R L R L

A3: ROCK RECOVER & ROCK RECOVER, WALK BACK BACK, BEHIND SIDE CROSS

- 1 2& Rock forward onto R, Recover weight back onto L, Step R beside L
- 3 4& Rock forward onto L, Recover weight back onto R
- 5 6 Step back L, Step back R (push heels out as you walk for styling)
- 7&8 Cross L behind R, Step R to R side, Cross L over R

A4: SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, SAILOR ½ TURN

- 1 2 Rock R out to R side, Recover weight onto L
- 3 & 4 Cross R behind L, Step L to L side, Cross R over L
- 5 6 Rock L out to L side, Recover weight onto R
- 7&8 Make ¼ turn L stepping back on L, Make ¼ turn L stepping R slightly to R side, Step L to L

PART B: 32 counts

B1: STOMP CLAP & STEP HEEL HEEL, STOMP CLAP & STEP HEEL HEEL

- 1 2 &3 Stomp R to R side, Clap hands, Step L beside R, Step R to R side
- &4 Swivel L heel to the R (taking weight on L), Swivel R heel to the R (taking weight on R)
- 5 6 &7 Stomp L to L side, Clap hands, Step R beside L, Step L to L side
- &8 Swivel R heel to the L (taking weight on R), Swivel L heel to the L (taking weight on L)

B2: ROCK RECOVER & STEP & LOCK, BOUNCE ½ TURN

- 1 2& Rock forward onto R, Recover weight back onto L, Step R beside L
- 3&4 Step L forward, Step R forward, Lock L foot behind R
- 5678 Making ¹/₂ turn over L shoulder, bounce heels 4 times (ending with weight on L)

B3: STOMP CLAP & STEP HEEL HEEL, STOMP CLAP & STEP HEEL HEEL

- 1 2 &3 Stomp R to R side, Clap hands, Step L beside R, Step R to R side
- &4 Swivel L heel to the R (taking weight on L), Swivel R heel to the R (taking weight on R)
- 5 6 &7 Stomp L to L side, Clap hands, Step R beside L, Step L to L side
- &8 Swivel R heel to the L (taking weight on R), Swivel L heel to the L (taking weight on L)

B4: ROCK RECOVER & STEP OUT OUT, ARMS 'TICK TICK TICK TICK' CLOSE

- 1 2& Rock forward onto R, Recover weight back onto L, Step R beside L
- 3&4 Step L forward, Step R to R side, Step L to L side





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5&6&7 Bring arms up across front of chest one on top of the other, elbows bent, R arm resting on L forearm (5), gradually raise R hand up like a ticking clock (keep R elbow in place)
8 Close R arm back down onto L arm (weight on L)

PART C: 16 counts

C1: SLIDE TOUCH, SIDE SHUFFLE, CROSS ¼ TURN & POINT & POINT &

- 1 2 Step R big step to R diagonal, Touch L beside R
- 3&4 Step L to L side, Step R beside L, Step L to L side
- 5 6 Cross R over L, Make ¼ turn R stepping back on L
- &7&8& Step R beside L, Point L out to L side, Step L beside R, Point R out to R side, Step R beside L

C2: HITCH & HITCH OUT OUT, HEEL SWIVET, JAZZ BOX ¼ TURN

- 1&2&3Hitch L knee up, Step L beside R, Hitch R knee up, Step R out to R side, Step L out to L side
- &4 Swivel R toe to R side & L heel to L side, bring both back to place (weight L)
- 5 6 Cross R over L, Make ¼ turn R stepping L back
- 7 8 Step R to R side, Cross L over R

Note: You will always do Part C twice in a row

TAG

1234 Step R out to R side and raise R arm up over 4 counts (transfer weight onto L on count 4, ready for part A)

SEQUENCE: AA BCC Tag AA BCC ABC