

I'm Ready

COPPER **NOB**
BY STEPHEN T. C.

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kathy Heller (USA) - May 2017
音樂: Rowdy - Gretchen Wilson



Start: 16 count intro

[1-8] □ OUT OUT, HOLD, IN IN, SCUFF, SHUFFLE, 1/2 TURN

&1-2, &3-4 Step out right, step out left (&1), hold (2), step in right, step in left (&3), scuff right (4)
5&6, 7-8 Shuffle forward (RLR), step forward on left, pivot 1/2 turn right (6:00)

[9-16] □ ROCK FORWARD, SHUFFLE BACK, ROCK BACK, HOOK LEFT, SHUFFLE FORWARD

1-2, 3&4 Rock forward on left, step back on right, shuffle back (LRL)
5-6, 7&8 Rock back on right, hook left over right, shuffle forward (LRL) (6:00)

[17-24] □ ROCK STEP, 1/4 SAILOR, FULL TURN, SHUFFLE

1-2, 3&4 Rock forward on right, return weight to left, 1/4 sailor to right
5-6, 7&8 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right, shuffle forward (LRL) (traveling towards 9:00)

[25-32] □ FORWARD ROCK, SIDE ROCK, BACK & FRONT, POINT, 1/4 TURN

1-4 Rock forward on right, return weight to left, rock right to side right, return weight to left
5&6, 7-8 Step right behind left, step left to side left, step right in front of left, point left to side left, pivot 1/4 left (keeping weight on right) (6:00)

[33-40] □ WALK, WALK, 1/4 PIVOT, SCUFF, CROSS SHUFFLE, 1/2 TURN

1-5 Step forward left, step forward right, pivot 1/4 turn left, scuff right across left
5&6, 7-8 Cross shuffle right over left (RLR), turning 1/4 right, step back on left, turning 1/4 right, step right to side right (9:00)

[41-48] □ CROSS, POINT (2X), CROSS, UNWIND, ROCK STEP

1-4 Cross left over right, point right to side right, cross right over left, point left to side left
5-8 Cross left over right, unwind 1/2 turn right (weight on left), rock back on right, return weight to left (3:00)

REPEAT

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